

# Aquatic Therapy Bibliography of Books

<b>Title</b>	<b>Author</b>	<b>Publisher/Source</b>
Adapted (and Corrective) Exercises for the Disabled Adult	Knopf and Lasko	<a href="http://www.fitnesseducators.com">www.fitnesseducators.com</a>
Adapted Aquatics Programming - A Professional Guide	Lepore, Gayle and Stevens	<a href="http://www.humankinetics.com">www.humankinetics.com</a>
Adult Hydrotherapy – A Practical Approach	Campion, Margaret Reid	<a href="http://www.bh.com">www.bh.com</a>
Aging Spine – Disorders of the Lumbar Spine	White, Martha	<a href="http://www.iuniverse.com">www.iuniverse.com</a>
Ai Chi - Balance, Harmony and Healing	Sova, Ruth	<a href="http://www.aqua-gear.com">www.aqua-gear.com</a>
Ai Chi : Flowing Aquatic Energy	Sova, Ruth and Konno, Jun	<a href="http://www.aqua-gear.com">www.aqua-gear.com</a>
Applications of PNF Patterns in the Aquatic Setting	Mitchell, T. and Ogden, D.	<a href="http://www.aquafit.com">www.aquafit.com</a>
Aqua Yoga	Freedman, Françoise, Barbira	<a href="http://www.LorenzBooks.com">www.LorenzBooks.com</a>
Aquarobics, The Training Manual	Baum, Glenda	<a href="http://www.harcourthealth.com">www.harcourthealth.com</a>
Aquatic Exercise Therapy	Bates, Andrea and Hanson, Norm	<a href="http://www.harcourthealth.com">www.harcourthealth.com</a>
Aquatic Program Guidelines & Procedures	YMCA/Arthritis Foundation	<a href="http://www.humankinetics.com">www.humankinetics.com</a>
Aquatic Program Instructors Manual	YMCA/Arthritis Foundation	<a href="http://www.humankinetics.com">www.humankinetics.com</a>
Aquatic Readiness	Langendorfer, Steven	<a href="http://www.humankinetics.com">www.humankinetics.com</a>
Aquatic Rehabilitation	Ruoti, Morris, Cole	<a href="http://www.amazon.com">www.amazon.com</a>
Aquatic Therapy: Interventions and Applications	Vargas, Luis G.	<a href="http://www.IdyllArbor.com/books/B412.HTM">www.IdyllArbor.com/books/B412.HTM</a>
Aquatic Therapy Programming	Koury, Joanne	<a href="http://www.humankinetics.com">www.humankinetics.com</a>
Aquatic Therapy Treatment Planning Guide	Meno, Julia M.	<a href="http://www.constellate.com">www.constellate.com</a>
Aquatic Therapy Using PNF Patterns	Jamison, L, and Ogden D.	<a href="http://www.sprintaquatics.com">www.sprintaquatics.com</a>
Aquatics - A Revived Approach to Pediatric Management	Duley, Faye H.	<a href="http://www.HaworthPress.com">www.HaworthPress.com</a>
Aquatics for Special Populations	YMCA	<a href="http://www.humankinetics.com">www.humankinetics.com</a>

<b>Title</b>	<b>Author</b>	<b>Publisher/Source</b>
Aquatics: The Complete Reference Guide for Aquatic Fitness Professionals	Sova, Ruth	<a href="http://www.aqua-gear.com">www.aqua-gear.com</a>
Arthritis Aquatic Program Trainer's Guide		<a href="http://www.arthritisfoundation.org">www.arthritisfoundation.org</a>
BackHab - The Water Way to Mobility and Pain Free Living	Sova, Ruth	<a href="http://www.aqua-gear.com">www.aqua-gear.com</a>
Bad Ragaz Ring Method	Lambeck & Gamper	<a href="http://www.halliwick.net">www.halliwick.net</a>
Bad Ragaz Method – Aquatic Therapy Technique	Meno, Julia	<a href="http://www.aquafit.com">www.aquafit.com</a>
Breast Cancer WaterWork: Management Through Aquatic Exercise and Rehab Techniques	Essert, Mary	<a href="http://www.maryessert.com">www.maryessert.com</a>
Complete Book of Water Therapy (The)	Buchman, Dian D	Keats
Comprehensive Aquatic Therapy (2 <sup>nd</sup> Edition – 2003)	Becker and Cole	<a href="http://www.amazon.com">www.amazon.com</a>
Designing Instructional Swim Programs for Individuals w/Disabilities	Carter, Dolan and LeConey	AA LR / <a href="http://www.aahperd.org">www.aahperd.org</a>
Developing an Aquatic Physical Therapy Program	APTA	334-990-5713
Essential Principles of Aquatic Therapy and Rehab (Study Guide)	Sova, Ruth	<a href="http://www.aqua-gear.com">www.aqua-gear.com</a>
Exercise in Water for Post-Myocardial Infarction Patients	Lambeck, Johan	<a href="http://www.constellate.com">www.constellate.com</a>
Freeing the Body in Water - Watsu Ed. 2	Dull, Harold	<a href="http://www.waba.edu">www.waba.edu</a>
Functional and Creative Ideas for Balance and Gait Training	Grosse, Susan J	<a href="http://my.execpc.com/sjgrosse">http://my.execpc.com/sjgrosse</a>
Future Waves: Aquatic Therapy Policy and Procedure Manual	Jamison, Lynette	<a href="mailto:h2obabies@cox.net">h2obabies@cox.net</a> or <a href="http://www.sprintaquatics.com">www.sprintaquatics.com</a>
H2ORx - Aquatic Therapy Resources	Meyer, Ruth	<a href="mailto:WatsuVA@aol.com">WatsuVA@aol.com</a>
Halliwick in '86: conference proceedings	Lambeck, Johan	<a href="http://www.halliwick.net">www.halliwick.net</a>
Halliwick Method - Water Freedom for Individuals With Disabilities	Grosse, Susan J	<a href="http://my.execpc.com/sjgrosse">http://my.execpc.com/sjgrosse</a>
Handling the Disabled Child in Water	Reid, MJ	APCP Publications
Heal Your Hips - How to Prevent Hip Surgery	Huey, Lynda and Klapper, Robert	John Wiley & Sons
Healing Energies of Water (The)	Ryrie, Charlie	Journey Editions
Hydrotherapy - Principles and Practice	Campion, Margaret Reid	<a href="http://www.bh.com">www.bh.com</a>
Hydrotherapy/Therapeutic Pool Infection Control Guidelines	APTA	800-999-APTA x3395

<b>Title</b>	<b>Author</b>	<b>Publisher/Source</b>
Legal Responsibility in Aquatics	Clement, Annie	Sport & Law Press, PO Box 15461, Tallahassee, FL 32308
Medical Hydrology	Harris, R.; McInnes, M.	New Haven
Nalu: The Art and Science of Aquatic Fitness, Bodywork & Therapy	Bedgood, Douglas	<a href="http://www.aquatherapeutics.com">www.aquatherapeutics.com</a>
New Techniques in Aqua Therapy	Kiss, Agnes	<a href="http://www.rivercross.com">www.rivercross.com</a>
Overcoming Paralysis - Into the Water and Out of the Wheelchair	Burdenko and Biehler	Avery / <a href="http://www.kiefer.com">www.kiefer.com</a>
Prove It! Justifiable Aquatic Therapy	Salzman, Andrea	<a href="http://www.aquaticnet.com">www.aquaticnet.com</a>
Suggested Health & Safety Guidelines for Public - Spas & Hot Tubs	Centers for Disease Control	<a href="http://www.cdc.gov">www.cdc.gov</a>
Swimming Through Your Pregnancy	Katz, Jane	Dolphin Books
Teacher's Manual of Advanced Aquatic Therapy	Salzman, Andrea	<a href="http://www.aquaticnet.com">www.aquaticnet.com</a>
Team Approach to the Aquatic Continuum of Care	Norton, CO & Jamison, LJ	sprintaquatics.com
Therapeutic Exercise	Colby, L.A. and Kisner, C.	<a href="http://www.FADavis.com">www.FADavis.com</a>
Unpredictable Command Technique in the Aquatic Environment	Ogden, David	<a href="http://www.kiefer.com">www.kiefer.com</a>
Using the Aquatic Environment for Teaching Handicapped Children	Horvat, MA; Forbus, WR	Educational Systems, Inc
Water Exercises for Fibromyalgia: The Gentle Way to Relax and Reduce Pain	Rosenstein, Ann	<a href="http://www.IdyllArbor.com">www.IdyllArbor.com</a>
Water Exercises for Osteoarthritis	Rosenstein, Ann	<a href="http://www.IdyllArbor.com">www.IdyllArbor.com</a>
Water Exercises for Parkinson's: Maintaining Strength, Endurance, and Flexibility	Rosenstein, Ann	<a href="http://www.IdyllArbor.com">www.IdyllArbor.com</a>
Water Fitness After 40	Sova, Ruth	<a href="http://www.humankinetics.com">www.humankinetics.com</a>
Water Fitness During Your Pregnancy	Katz, Jane	<a href="http://www.humankinetics.com">www.humankinetics.com</a>
Water Learning	Grosse, Sue	<a href="http://my.execpc.com/sjgrosse">http://my.execpc.com/sjgrosse</a>
Water Workout Recovery Program	Watkins, R & Buhler, B	<a href="http://www.ContemporaryBooks.com">www.ContemporaryBooks.com</a>
Water Workouts	Tarpinian, Steve & Awbrey, Brian	Lyons & Burford
Water Yoga	Coleman, Jill	Eglantine Press
Watercise While you Wait	Hughes, Helga	<a href="http://www.HHBooks.com">www.HHBooks.com</a>