International Aquatic Therapy Symposium
June 28-July 2, 2010
Sanibel Harbour Marriott Resort & Spa • Sanibel, FL

World's largest multidisciplinary aquatic therapy event!
This Event Sells Out!
Register Today!

Contact ATRI: 866-go2-ATRI (462-2874) • atri@atri.org • www.atri.org

What's in it for You?
- Hands-on Experience in the Pool
- Network with Colleagues from All Over the World
- Multidisciplinary Approach
- Learn from the Foremost Authorities
- Stay on Top of Industry Research, Trends and Techniques
- Beginner to Advanced Level Courses
- Ideas You Can Use on Monday Morning
- Over 110 Courses to Choose From
- Meals are Included

World's largest multidisciplinary aquatic therapy event!

Contact ATRI: 866-go2-ATRI (462-2874) • atri@atri.org • www.atri.org
Welcome to Symposium 2010!

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“Thank You to our 2010 Pool Equipment Suppliers:
Adolph Kiefer & Associates
www.kiefer.com
AquaJogger
www.aquajogger.com

ATRI Aquatic Therapeutic Exercise Certification Exam

Monday, June 28 • 6:30 pm (Registration 6:00 pm) OR
Friday, July 2 • 9:00 am (Registration 8:30 am)

The ATRI Aquatic Therapeutic Exercise Certification Exam is for competent, knowledgeable professionals in aquatic therapy, rehab and therapeutic exercise. The exam will test your ability to meet the Aquatic Therapy and Rehabilitation Industry Standards to practice. The Standards are available on the ATRI website and can be downloaded free of charge at http://www.atri.org/stflyer.htm. The certification will allow you to use the term “ATRI Certified” or the initials “ATRIC” after your name. The certification will not make you a therapist if you aren’t already one. Please go to www.atri.org for more information, click on Certification Information. Online Exam is also available!

ATRI Membership 2010

Dues: $45
Covers Membership from January 1 - December 31, 2010 (Dues are $45 whenever you join)

“Members Rule!” Benefits:
• Early Bird Discounts
• Aqua MarketPlace Discounts
• Research Updates
• Exclusive Aquatic Therapy Articles

How to Join:
• Join online at www.atri.org or call us at 866-go2-ATRI (866-462-2874)

ATRI • 13297 Temple Blvd. • West Palm Beach, FL 33412 • 866-go2-ATRI (866-462-2874) • Fax: 561-828-8150 • www.atri.org • atri@atri.org
## Schedule at a Glance

### Monday, June 28
- **6:30 - 8:30 am**: Pre-Symposium Continental Breakfast
- **7:30 am - 4:30 pm**: Pre-Symposium Courses
- **11:30 am - 1:30 pm**: Pre-Symposium Lunch
- **4:30 - 6:30 pm**: Pre-Symposium Evening Meal
- **5:00 - 8:00 pm**: Pre-Symposium Courses
- **6:30 pm**: ATRIC Exam (separate fee)

### Tuesday, June 29
- **6:00 - 8:00 am**: Pre-Symposium Continental Breakfast
- **7:00 - 11:20 am**: Pre-Symposium Courses
- **11:00 am - 1:00 pm**: Pre-Symposium Lunch
- **11:45 am - 12:15 pm**: Welcome/Orientation
- **12:30 - 4:10 pm**: Symposium Courses
- **4:00 - 7:00 pm**: Exhibit Hall/Gathering Place
- **4:30 - 6:30 pm**: Symposium Evening Meal
- **6:50 - 7:50 pm**: Symposium Courses

### Wednesday, June 30
- **6:00 - 8:00 am**: Continental Breakfast
- **7:00 am - 12:00 pm**: Symposium Courses
- **11:30 am - 1:30 pm**: Lunch
- **12:00 - 2:00 pm**: Exhibit Hall/Gathering Place Open
- **1:40 - 4:00 pm**: Symposium Courses
- **4:00 - 6:00 pm**: Exhibit Hall/Gathering Place Open
- **6:30 - 9:00 pm**: Awards Celebration Dinner

### Thursday, July 1
- **6:00 - 8:00 am**: Continental Breakfast
- **7:00 am - 1:00 pm**: Symposium Courses
- **11:30 am - 1:30 pm**: Lunch
- **12:00 - 2:00 pm**: Exhibit Hall/Gathering Place Open
- **1:40 - 4:00 pm**: Symposium Courses
- **3:30 - 5:30 pm**: Symposium Evening Meal
- **4:00 - 5:30 pm**: Exhibit Hall/Gathering Place Grand Finale and Pool Equipment Distribution

### Friday, July 2
- **8:00 am - 12:00 pm**: Special Interest Group Meetings
- **9:00 am**: ATRIC Exam (separate fee)

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### ATRI Awards Celebration Dinner 2010 on Wednesday

The 2010 ATRI Aquatic Therapy Awards Celebration Dinner will take place on Wednesday evening. Please join us as we honor the winners of this year’s Aquatic Therapy Professional Award, Tsunami Spirit Award, and Dolphin Award!

**Complete Conference Registrants:**
This is Your Chance to Win a FREE Registration for any 2011 ATRI Conference! We’ll Draw the Winner at the Awards Celebration...You Must be Present to Win!

**Award Descriptions and Nomination Forms** are available at www.atri.org. The Nomination Deadline for All Awards is April 1st.

**2008 Symposium Award Winners** (L to R): Aquatic Therapy Professional Award Winner Marty Biondi, Dolphin Award Winners Vincent Fanning and Bess Maxwell, Tsunami Spirit Award Winners Mick Nelson, Sue Nelson, and Melissa Lewis.

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### Register Now!
Be one of the First 50 People to Register for the Symposium and Receive Free Gifts from:

- **H₂O Wear**
  - [www.h2owear.com](http://www.h2owear.com)
- **Jalkanen Foundation**
  - [www.atri.org](http://www.atri.org)

### Join the ATRI elist!
- **Explore Topics**
- **Ask Questions**
- **Share Ideas**
- **Post Job Searches**
- **Connect with Others in Your Field**

It’s Free! Check it out at [www.atri.org](http://www.atri.org)
Monday/Tuesday Course Schedule

All courses combine lecture and pool lab, except where noted as Classroom Only, Pool Only, or Land Workshop.

**Monday, June 28 • Pre-Symposium • 8-Hour Courses • 7:30 am-4:30 pm • .8 CEUs**
Eight Courses to Choose from in this Time Period...

1200 - Intro. to Aquatic Therapy and Rehab - Ruth Sova, MS, ATRIC - This Course is Recommended for All Those New to Aquatic Therapy!
1900 - Risk Awareness and Safety Training Certification - Mary Wykle, PhD, ATRIC
2216 - Aquatic Intervention for Balance Deficits - Marty Biondi, PT, CSCS, ATRIC
2307 - Joint Replacement Rehab - Terri Mitchell, PTA
2320 - Myofascial Mobilizations for Orthopedic Diagnoses - Julia Fettig, CTRS, CMT, ATRIC
3303 - Advanced Lumbar Stabilization - Beth Scalone, BS, PT

Upper Extremity 8-hour Package - Combine these two 4-hour Courses:
2621 - Clinical Ai Chi for Shoulders - Minakshi, CMT; and Shinzo Fujimaki, CMT - 7:30-11:30 am
3308 - Aquatic Therapy for the Trapezium Muscle - Marilyn McQuade, BS, PT - 12:30-4:30 pm

**Monday, June 28 • 1-Hour Course • 12:00-1:00 pm • .1 CEU**
1208 - Water Walking with a Noodle - Keiko Matsumoto, ATRIC - Pool Only

**Monday, June 28 • Certification Preparation • 1-Hour Course • 5:00-6:00 pm • .1 CEU**
1809 - ATRI Certification QuickPrep - Ruth Sova, MS, ATRIC - Classroom Only

**Monday, June 28 • Pre-Symposium • 2-Hour Courses • 5:40-8:00 pm • .2 CEUs**
Five Courses to Choose from in this Time Period...

1616 - Brain Gym in the Pool - Sue Grosse, MS
2312 - Post-Surgical Orthopedic Rehabilitation - Helen Binkley, PhD, ATC, CSCS*D, NSCA-CPT*D, FNSCA, ATRIC
2506 - Parkinson’s and Dystonia Aquatic Techniques - Maryanne Haggerty, MS
2616 - Feldenkrais® Neck and Shoulder - Debbie Ashton, MS, ATRIC - Land Workshop
2622 - Clinical Low Back Using Ai Chi - Minakshi, CMT; and Shinzo Fujimaki, CMT - Pool Only

**Monday, June 28 • Free Courses • 1-Hour Lectures • 5:40-6:40 pm • 7:00-8:00 pm • .1 CEU**
Two Courses to Choose from in Each Time Period...Overlap with 2-hour Courses in Above Time Period
1617 - Geriatric Treatment Techniques - Kristine Kading, CTRS, ATRIC - Classroom Only - 5:40-6:40 pm
2003 - Battle Against Metabolic Syndrome-Weight Management - Eduardo Netto, MS - Classroom Only - 5:40-6:40 pm
1214 - Older Adult Aquatics - Etsuko Taimura, ATRIC - Pool Only - 7:00-8:00 pm
2812 - Stress Management - Sheralee Beebe, BA, MES - Classroom Only - 7:00-8:00 pm

**Tuesday, June 29 • Pre-Symposium • 4-Hour Courses • 7:00-11:20 am • .4 CEUs**
Seven Courses to Choose from in this Time Period...

1213 - Core Work for Hip and Back Function - Laurie Denomme, B.Kinesiology
2217 - Rehab for Amputees and Individuals with Body Form Irregularities - Sue Grosse, MS
2316 - Orthopedic Issues for Older Adults - Marty Biondi, PT, CSCS, ATRIC
2617 - Floating Feldenkrais® - Debbie Ashton, MS, ATRIC
2620 - 25 Cervical Aquatic Therapy Maneuvers - Beth Scalone, PT, DPT, OCS
2901 - Policy and Procedure Manual for Aquatics - Lynette Jamison, MOT, OTR/L - Classroom Only
3606 - Therapeutic Aquassage Protocol - Luis Vargas, PhD, PT, ATRIC, and Flavia Bayron, PT, MAP, ATC

**Tuesday, June 29 • Research Forum • 2-Hour Course • 9:20-11:20 am • .2 CEUs**
One Course to Choose from in this Time Period... Overlaps with 4-hour Courses in Above Time Period
2010 - Research Forum - June Chewning, MA - Classroom Only

**Tuesday, June 29 • Symposium Courses Begin at 12:30 pm**
Six Courses to Choose from in this Time Period...

1603 - Halliwick - Pia Francis, PTA, Cert. Ed., ATRIC
1614 - Deep Water Running Techniques for Aquatic Therapy - Monica Tiberi, MD
2013 - Equipment Use in Transitioning from Pool to Land - Maryanne Haggerty, MS
2220 - Return to Running/Walking after Injury - Melissa Lewis, MPT, ATRIC
2305 - Supine Shoulder Rehab - Terri Mitchell, PTA
2405 - Lumbar Stabilization Progression Applying Burdenko Method - Beth Scalone, PT, DPT, OCS

**Tuesday, June 29 • Symposium • 2-Hour Courses • 12:30-2:50 pm • .2 CEUs**
Two Courses to Choose from in Each Time Period... Overlap with 2-hour Courses in Above Time Period
2808 - Liability/Insurance - Brenda Klass, PhD, MFT, DACFE - Classroom Only - 12:30-1:30 pm
2813 - Self-Healing for the Aquatic Professional - Sheralee Beebe, BA, MES - Classroom Only - 12:30-1:30 pm
1803 - Partnering with Non-Profits for Community Outreach - Barb Batson, AS - Classroom Only - 1:50-2:50 pm
2225 - Persistent Pain Explained - Connie Jasinskas, MSc - Classroom Only - 1:50-2:50 pm

For Detailed Course Descriptions, please go to www.atri.org

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Tuesday, June 29 • Symposium • 1-Hour Courses • 3:10-4:10 pm • .1 CEU

Eight Courses to Choose from in this Time Period...

1201 - Aquatic Abs That Really Work - Eduardo Netto, MS - Classroom Only
1222 - Autism Spectrum - Sue Grosse, MS - Classroom Only
1608 - A Touch of Watsu® - Minakshi, CMT - Pool Only
1609 - Tai Chi Arthritis - Bonnie Hopps - Land Workshop
1612 - Total Body Synchronization Techniques for Land - Maria Sykorova-Pritz, Ed.D - Land Workshop
1615 - Flowing Reflexology - Sheralee Beebe, BA, MES - Pool Only
2623 - Water QiGong - Yoshiken Tanaka, ATRIC - Pool Only
2903 - Emergency Response - Jill White, BSE - Classroom Only

Tuesday • Symposium • 1-Hour Courses • 6:50-7:50 pm • .1 CEU

Seven Courses to Choose from in this Time Period...

1001 - Hydrodynamics - Bess Maxwell, PhD, PT - Pool Only - Required Course for new practitioners who have not taken Intro to Aquatic Therapy and Rehab (1200).
1006 - Practical Aquatic Progressions - Laurie Denomme, B.Kinesiology - Pool Only
1606 - Ai Chi Experience - Bonnie Hopps - Pool Only
1610 - Feldenkrais® Sacred Sacrum - Debbie Ashton, MS, ATRIC - Land Workshop
2201 - Assessment with the Aquatic Independence Measure (AIM) - Sue Grosse, MS - Classroom Only
2902 - Reducing Risk of Illness, Injury, Lawsuits and Jail Time - Tom Lachocki, PhD - Classroom Only
3208 - Core Authority - Eduardo Netto, MS - Classroom Only

Wednesday, June 30 • 2-Hour Courses • 7:00-9:20 am • .2 CEUs

Eight Courses to Choose from in this Time Period...

1216 - MVA Rehab - Maryanne Haggerty, MS
1223 - The Schopler Method as an Aquatic Therapy Modality for Children - Ann Wieser, PhD
1811 - Supervision, Delegation, Education, and Quality Enhancement - Carolyn Sprehe, BS, ATRIC
2203 - Integrated Balance - Donna Adler, BA, ATRIC
2209 - Aquatic Intervention in the Treatment of Balance Issues - Marty Biondi, PT, CSCS, ATRIC
2608 - Ai Chi for Hip and Back - Ruth Sova, MS, ATRIC
2624 - PNF in the Pool - Terri Mitchell, PTA
3304 - Aquatic Lumbopelvic Stabilization Protocol - Luis Vargas, PhD, PT, ATRIC, and Flavia Bayron, PT, MPA, ATC

Wednesday, June 30 • 2-Hour Courses • 9:40 am-12:00 pm • .2 CEUs

Seven Courses to Choose from in this Time Period...

1204 - Integrated Endurance Options - Laurie Denomme, B.Kinesiology
2020 - Buoyant Development - June Chewning, MA
2321 - Post-Rehab for the Spine - Connie Jasinskas, MSc
2323 - The Heavy Concept: Neuromuscular Retraining for Orthopedic Issues - Ruth Sova, MS, ATRIC
2618 - Aquatic Spasticity Inhibition - Julia Fettig, CTRS, CMT, ATRIC
2806 - Documentation and Reimbursement - Brenda Klass, PhD, MFT, DACFE - Classroom Only
3309 - Frozen Shoulder - Marilyn McCuade, BS, PT

Wednesday, June 30 • 1-Hour Lectures • 9:40-10:40 am • 11:00-12:00 pm • .1 CEU each

One Course in Each Time Period... Overlap with 2-hour Courses in Above Time Period

2002 - Myths and Misconceptions about Flexibility Training - Eduardo Netto, MS - 9:40-10:40 am - Classroom Only
1017 - Evidence-Based Progressions - Monica Tiberi, MD - 11:00 am-12:00 pm - Classroom Only

Wednesday, June 30 • 2-Hour Courses • 1:40-4:00 pm • .2 CEUs

Seven Courses to Choose from in this Time Period...

1203 - Ageless Agility and ROM - Debbie Ashton, MS, ATRIC - Land Workshop
1221 - Pediatric Handling - Eevaliisa Anttila, PT, MBA
2004 - Closed-Chain Functional Programming - Beth Scalone, PT, DPT, OCS
2313 - Orthopedic Equipment-Based Progressions - Maryanne Haggerty, MS
2322 - Total Knee Replacement - Aquatic Therapy Before and After - Bess Maxwell, PhD, PT
2619 - Bad Ragaz Ring Method for Stabilization - Julia Fettig, CTRS, CMT, ATRIC
3301 - Lumbar Stabilization Techniques for Low Back Pain - Marty Biondi, PT, CSCS, ATRIC

Wednesday, June 30 • 1-Hour Lectures • 1:40-2:40 pm • 3:00-4:00 pm • .1 CEU each

One Course in Each Time Period... Overlaps with 2-hour Courses in Above Time Period

2011 - Progressive, Evidence-Based Aquatic Programming - Mary Wykle, PhD, ATRIC - 1:40-2:40 pm - Classroom Only
1902 - Risk/Liability Essentials for Aquatic Rehab - Mary Wykle, PhD, ATRIC - 3:00-4:00 pm - Classroom Only

Position Yourself for the Future... Learn New Techniques and Protocols for Success!

Join Us in the Exhibit Hall!

Tuesday • 4:00-7:00 PM
Wednesday • 12:00-2:00 PM and 4:00-6:00 PM
Thursday • 12:00-2:00 PM and 4:00-5:30 PM
Thursday, July 1 • 2-Hour Courses • 7:00-9:20 am • .2 CEUs

Seven Courses to Choose from in this Time Period...
1026 - Diabetes and Exercise - Eduardo Netto, MS (classroom), Sally Brindle, BS, ATRIC (pool)
1224 - Aquatic Therapy Techniques for Children with Severe/Profound Disabilities - Ann Wieser, PhD
1613 - Total Body Synchronization Techniques for the Water - Maria Sykorova-Pritz, Ed.D
1810 - Marketing Proposals and Promos - Maryanne Haggerty, MS - Classroom Only
2211 - Balance: Decreasing Fall Risk - Beth Scalone, PT, DPT, OCS
2510 - Aquatic Options for TBI Rehabilitation - Mary Wykle, PhD, ATRIC
3310 - LE Joint Replacements - Marilyn McQuade, BS, PT

Thursday, July 1 • 1-Hour Lecture • 8:20-9:20 am • .1 CEU each

One Course in This Time Period...Overlaps with 2-hour Courses in Above Time Period
2324 - Osteoporotic Client: Water Therapy Interventions/Restrictions - Marty Biondi, PT, CSCS, ATRIC - Classroom Only

Thursday, July 1 • 2-Hour Courses • 9:40 am-12:00 pm • .2 CEUs

Seven Courses to Choose from in this Time Period...
1028 - Calming Fearful Patients - Belinda Stillwell, PhD
1032 - Creative Ortho Aquatic Rehab - Terri Mitchell, PTA
1206 - ROM and Core Training Concepts - Laurie Denomme, B.Kinesiology
1209 - Chronic Pain Management - Sheralee Beebe, BA, MES
2204 - Interactive Posture - Beth Scalone, PT, DPT, OCS - Classroom Only
2221 - Polytrauma: Considerations in Aquatic Therapy - Melissa Lewis, MPT, ATRIC
2224 - Aquatic Rehab Following Breast Cancer - Connie Jasinskas, MSc

Thursday, July 1 • 1-Hour Lectures • 9:40-10:40 am • 11:00 am-12:00 pm • .1 CEU each

One Course in Each Time Period...Overlap with 2-hour Courses in Above Time Period
1903 - Pool Water Chemistry for the Chemically Challenged - Ann Wieser, PhD - 9:40-10:40 am - Classroom Only
1904 - Emergency 101: In-Service Training - Sue Grosse, MS - 11:00 am-12:00 pm - Classroom Only

"For anyone who has not taken any of the classes offered through ATRI, I highly recommend them. Each instructor was unique in her method of teaching and all kept it interesting. It was well worth the money spent!" – Kristin Walker, PTA

Thursday, July 1 • 1-Hour Lecture • 12:00-1:00 pm • .1 CEU each

One Course in this Time Period...
1809 - ATRI Certification QuickPrep - Ruth Sova, MS, ATRIC - Classroom Only

Thursday, July 1 • 2-Hour Courses • 1:40-4:00 pm • .2 CEUs

Six Courses to Choose from in this Time Period...
1023 - Energy Meridian Exercises - Sheralee Beebe, BA, MES
1219 - MS Aquatics - Carolyn Sprehe, BS, ATRIC
1225 - Aquatics for the Developmentally Delayed - Eevaliisa Anttila, PT, MBA
1605 - Cervical Aquatic Treatment - Connie Jasinskas, MSc
2224 - Using Water to Treat Lymphedema - Lynette Jamison, MOT, OTR/L
2612 - Ai Chi as an Integrative Practice - Patty Henry-Schneider, MS, LPC

Register by Mother’s Day - May 9th and Save!

Thursday, July 1 • 1-Hour Lectures • 1:40-2:40 pm • .1 CEU each

Two Courses in this Time Period...Overlap with 2-hour Courses in Above Time Period
1804 - Grant Writing - Sue Grosse, MS - Classroom Only
2812 - Pilates - Mary Wykle, PhD, ATRIC - Land Workshop

Thursday, July 1 • 1-Hour Lectures • 3:00-4:00 pm • .1 CEU each

Two Courses in this Time Period...Overlap with 2-hour Courses in Above Time Period
1501 - Brain Science and Aquatic Therapy - Donna Adler, BA, ATRIC - Classroom Only
2019 - Evidence-Based Treatment: Incorporate Research into Daily Practice - Beth Scalone, PT, DPT, OCS-Classroom Only

Friday, July 2 • Special Interest Group Meetings • 8:00-10:00 am • 10:00 am-12:00 pm

Three Meetings in this Time Period...8:00-10:00 AM - Classroom Only
1) Assessment - Sue Grosse, MS
2) Pediatrics - Julia Fettig, CTRS, CMT, ATRIC
3) Wounded Warrior Program - Mary Wykle, PhD, ATRIC

Two Meetings in this Time Period...10:00 AM-12:00 PM - Classroom Only
1) Reimbursement - Brenda Klass, PhD, MFT, DACFE
2) Products - Terri Mitchell, PTA
Management Track

Suggested Schedule for Managers / All Classroom Only

Tuesday, June 29
2901 - Policy and Procedure Manual for Aquatics - 7:00-11:20 am
2808 - Liability/Insurance - 12:30-1:30 pm
1803 - Partnering with Non-Profits - 1:50-2:50 pm
2903 - Emergency Response - 3:10-4:10 pm
Exhibit Hall Grand Opening - 4:00-7:00 pm
2902 - Reducing Risk of Illness, Injury, Lawsuits and Jail Time - 6:50-7:50 pm

Wednesday, June 30
1811 - Supervision, Delegation, Education and Quality Enhancement - 7:00-9:20 am
2806 - Documentation/Reimbursement - 9:40 am-12 pm
2011 - Progressive, Research-Based Aquatic Programming - 1:40-2:40 pm
1902 - Risk and Liability Essentials for Aquatic Rehab Practitioners - 3:00-4:00 pm
Exhibit Hall Open - 4:00-6:00 pm

Thursday, July 1
1810 - Marketing Proposals and Promos - 7:00-9:20 am
1903 - Pool Water Chemistry for the Chemically Challenged Aquatic Professional-9:40-10:40 am
1904 - Emergency 101: In-Service Training-11 am-12 pm
1804 - Grant Writing - 1:40-2:40 pm
2019 - Evidence-Based Treatment: How to Incorporate Research into Your Daily Practice-3:00-4:00 pm
Exhibit Hall Grand Finale - 4:00-5:30 pm

Special Interest Group Meetings

Need to debrief from all you learned? Missed some courses you want to get information about? Here’s your chance to wrap everything up – nice, neat and concise. These are all discussion and they’re all practical.

Friday, July 2 - No Need to Sign Up - Just Show Up!
8:00-10:00 AM 10:00 AM-12:00 PM
A) Assessment A) Reimbursement
B) Pediatrics B) Products
C) Wounded Warrior Program

ATRI Course Catalog

The 2010 ATRI Course Catalog is available at www.atri.org. Designed to assist professionals, as well as aspiring professionals, the ATRI Course Catalog outlines progressive study paths, while providing summary course descriptions of all ATRI course offerings.

Use the ATRI Course Catalog to design your professional development plan to not only maximize your conference time, but also set future professional goals. The ATRI Course Catalog can be downloaded for free at www.atri.org.

Symposium Faculty

Donna Adler, BA, ATRIC
Eevailliisa Anttila, PT, MBA
Debbie Ashton, MS, ATRIC
Barbara Batson, AS
Flavia Bayron, PT, MPA, ATC
Sheralee Beebe, BA, MES
Helen Binkley, PhD, ATC, CSCS*D, NSCA-CPT*D, FNSCA, ATRIC
Marty Biondi, PT, CSCS, ATRIC
Sally Brindle, BS, ATRIC
June Chewning, MA
Laurie Denomme, B. Kinesiology
Julia Fettig, CTRS, CMT, ATRIC
Pia Francis, PTA, Cert. Ed., ATRIC
Shinzo Fujimaki, CMT
Susan J. Grosse, MS
Maryanne Haggerty, MS
Patricia Henry-Schneider, MS, LPC
Bonnie Hopps
Lynette Jamison, MOT, OTR/L
Connie Jasinskas, MSc
Kristine Kading, CTRS, ATRIC
Brenda Klass, PhD, MFT, DACFE
Jun Konno, ATRIC
Tom Lachocki, PhD
Melissa Lewis, MPT, ATRIC
Keiko Matsumoto, ATRIC
Bess Maxwell, PhD, PT
Marilyn McQuade, BS, PT
Minakshi, CMT
Terri Mitchell, PTA
Eduardo Netto, MS
Beth Scalone, PT, DPT, OCS
Ruth Sova, MS, ATRIC
Carolyn Sprehe, BS
Belinda Stillwell, PhD
Maria Sykorova-Pritz, Ed.D
Etsuko Taimura, ATRIC
Yoshiken Tanaka, ATRIC
Monica Tiberi, MD
Luis Vargas, PhD, PT, ATRIC
Jill White, BSE
Ann Wieser, PhD
Mary Wykle, PhD, ATRIC
Hotel & Travel Arrangements

Resort Headquarters • Sanibel Harbour Marriott Resort & Spa, Sanibel/Fort Myers, FL
The Sanibel Harbour Marriott Resort & Spa is a luxurious tropical escape where 85 acres of coastal scenery welcome you. Overlooking Sanibel and Captiva Islands on Florida’s Southwest Gulf Coast, Sanibel Harbour Marriott Resort & Spa was named among the “Top 10 Spa Resorts in the US” by Conde Nast Traveler. Swimming, kayaking, tennis, golf, and a world-class fitness center are all part of the resort experience. Explore acclaimed angling from the resort’s own fishing pier or catch a glimpse of dolphins from a memorable cruise with Captiva Cruises. Family programs include “Dive-In Movies”, Sun Sport Rentals, Catamaran & Yacht Tours, plus other special events.

Symposium Headquarters • Overnight Accommodations
Sanibel Harbour Marriott Resort & Spa
17260 Harbour Pointe Drive
Fort Myers, FL 33908
Reservations Only: (800) 767-7777 or click on the Reservations link at www.atri.org
Hotel Switchboard: (239) 466-4000
Guest Fax: (239) 466-2150
www.sanibel-resort.com

Sanibel Harbour Marriott Resort & Spa Details
Guest rooms feature private balconies, signature robes, hair dryers, custom-blended bath amenities, iron/ironing boards, coffee makers, mini-bars or refrigerators, voicemail, data port, high-speed Internet access, in-room safe, non-smoking rooms, and handicapped accessible rooms.

Book Your Hotel Room by June 6th to Secure Your Room and $119 Rate!
Call 1-800-767-7777

Hotel Rates
• Special Symposium rate: $119 single/double subject to availability (plus tax-subject to change) until June 6th. The rate includes a Daily Benefits Fee which provides the following special resort services:
  - Unlimited access to the world-class Spa facilities
  - Full use of the fitness center
  - Unlimited hours of clay tennis court time
  - Unlimited in-room access to high-speed wired or wireless Internet service
  - No additional fee for “1-800” numbers
  - Newspaper delivered to your guest room
  - Coffee in your guest room
  - Turndown service upon request
  - Shuttle transportation to selected Sanibel area attractions
  - Trolley transportation around the resort complex
  - Admittance to any of the more than 30 exercise classes offered weekly.

• Reservations will be confirmed by credit card guarantee. All major credit cards will be accepted.
• When making your reservation, please identify yourself as an Aquatic Therapy & Rehab Institute attendee to receive the special discounted rates.
• Discounted room rates are good for three days before and after the Symposium, based on availability.
• Reservation Deadline: Cut-off date for room reservations is June 6, 2010. After the cut-off date, and/or once the room block has been filled, reservations will be confirmed on a space and rate available basis.
• Check-in time is 3:00 pm. Guests arriving before 3:00 pm will be accommodated as rooms become available. Check-out time is 11:00 am.
• ATRI is not responsible for making or paying for your room reservations or overnight arrangements.
• Hotel Cancellation policy: Guaranteed rooms will be held for night of arrival only. For any guaranteed reservations that result in a “no show”, one night’s room and tax charge will be billed to the individual. Payments for cancelled reservations will be refunded if the Resort is notified at least seven (7) days prior to the guest’s scheduled arrival date.

Directions
If you are traveling by air, Southwest Florida International Airport (RSW) is conveniently located in Fort Myers, FL. The Resort is approximately 30 minutes from the airport. Driving directions to the Resort will be in your Confirmation Materials.

To Get From the Airport to the Hotel
Fares are generally around $50 for one to three people (all prices subject to change). Sanibel Taxi - 239-472-4160

Parking
The hotel provides free self parking for all Symposium attendees and $10/night valet parking - this is a special rate for ATRI attendees.

AVIS
is proud to be the Official Rent-A-Car of the 2010 International Aquatic Therapy Symposium!

Save by calling 1-800-331-1600
or go on-line at www.avis.com and select “Shop All Rates” after entering ATRI’s Avis Worldwide Discount (AWD) number: D005530

ATRI • 13297 Temple Blvd. • West Palm Beach, FL 33412 • 866-go2-ATRI (866-462-2874) • Fax: 561-828-8150 • www.atri.org • atri@atri.org
Symposium 2010 Registration Details

Symposium Registration
Your Complete Conference Registration includes:
• Choice of Pre-Symposium and Symposium courses offered Monday through Thursday
• All Meals - Continental Breakfast, Lunch and Dinner, Monday through Thursday
• Program CD including all Symposium course handouts
• Nationally Recognized Continuing Education Hours
• Admission to Exhibit Hall/Gathering Place with Prizes given regularly
• Wednesday Awards Celebration Dinner
• Your Chance to Win a Free Registration to any ATRI Conference in 2011
• Friday Special Interest Group Meetings
A separate fee is required for...
• Aquatic Therapeutic Exercise Certification Exam

Choosing Your Symposium Courses
Choose your Symposium courses by completing the Course Selection Sheets on pages 12-15. Cross-reference the course descriptions online at www.atri.org as you make your choices. Begin by selecting all of your first choices, then make second choices in case courses are filled. If it’s important that you get into a particular course, your first choice schedule might include pool participation for that course, while your second choice could be the same course, but taking notes from the deck. Your days at the Symposium will be very full. Balance your schedule to allow time for meals, networking and rest.

Confirmation
You’ll receive your confirmation via e-mail once your registration and payment have been processed. Please Note: Your Symposium Registration must be paid in full before your registration will be processed.

Make your Room Reservations Now!
Be sure to book your room at the Sanibel Harbour Marriott Resort & Spa IMMEDIATELY to secure ATRI room rates! There’s no need to wait for your confirmation materials from us. The Sanibel Harbour Resort & Spa provides you with a beautiful, relaxing location at the center of Symposium courses and activities. Call 1-800-767-7777 by June 6th! Room rate or availability are not guaranteed after that date!

Looking for a Roommate?
Would you like to share the cost of your overnight room with another attendee? We will provide a list of those who would like to share a room. If you would like to be on and receive this list, complete the roommate information on the registration form. Note that we are not responsible for finding you a roommate or for making your reservation. We supply the names, you make the choice. We encourage you to make hotel reservations even if you have requested a roommate. Until your roommate plans are final, it is in your best interest to secure a room.

Unbeatable Exhibit Hall/Gathering Place
Our exhibitors are ready to show you the latest in useful, innovative products to increase your results and boost your profits. You’ll find health and medical products, books and videos, plus a spectacular assortment of the latest fitness apparel. Test new products. Take advantage of Symposium discounts! The ATRI Exhibit Hall is called “The Gathering Place” so everyone knows where to meet, visit and learn during exhibit times. There will be round tables to facilitate networking and we’ll also have educational and entertaining programs interspersed during the exhibit time.

Volunteers Always Needed
ATRI is always looking for fired-up volunteers, ready to work with us on-site at the Symposium. You’ll receive a discounted registration fee as our thanks! If interested, please send an e-mail to mjvican@atri.org or call toll free, 866-go2-atri (462-2874).

Pool Equipment Sales
The Symposium is your place to buy pool equipment! Demonstration equipment will be available to buy at discount prices! Take advantage of these special bargains!

Your Tuition is Tax Deductible
All expenses of continuing education, including registration fees, travel and lodging, taken to maintain or improve professional skills are tax deductible for US residents, subject to the limitations set forth by the Internal Revenue Service.

“I want to thank you all for being such good resources for my pool clients. I love volunteering and ALWAYS have a wonderful experience.”
– Ann Curran, PTA
Four Ways to Register!

ONLINE... Register online at www.atri.org

FAX... Fax Registration Form, Course Selection Sheets and Credit Card Number to 561-828-8150.

MAIL... Mail Registration Form, Course Selection Sheets and Payment (payable to ATRI in US Funds) to: ATRI, 13297 Temple Blvd., West Palm Beach, FL 33412.

PHONE... Have your credit card ready and Course Selection Sheets completed, and call toll free 866-462-2874.

1) Registrant Information
   Name ___________________________ Male/Female  Discipline ___________________________
   Name as you prefer on your name badge ___________________________
   Workplace Name (needed only if we are mailing to your workplace address) ___________________________
   Mailing Address ___________________________
   City ___________________________ State _______ Zip _________ Country ___________________________
   Home Phone (________)  Work Phone (______)  Fax (____)
   E-Mail Address ___________________________ Emergency Contact/Phone ___________________________ (____)
   Do you require handicap assistance to participate in this event?  Yes  No
   Type of assistance: ___________________________
   How did you hear about us?  ATRI Website  ATRI Mailing  ATRI elist/Bulletin Board  Word-of-Mouth
   Internet Search Engine: ___________________________ Advertisement - Publication Name: ___________________________

2) Roommate Listing
   □ Check the box at left to be added to the Roommate List.
   We will send you a list of others who would like to share a room. We are not responsible for finding you a roommate or for making your hotel reservation. We supply the names, you make the choice. We encourage you to make reservations even if you have requested a roommate.
   Circle: Male  OR  Female

3) Conference Registration
   Complete Conference Registration Includes:
   a) Choice of Pre-Symposium and Symposium courses offered Monday through Thursday
   b) All Meals - Continental Breakfast, Lunch and Dinner, Monday through Thursday (Please see Meal Information below)
   c) Your Chance to Win a Free Registration to any ATRI Conference in 2011
   d) Program CD including all Symposium course handouts
   e) Nationally Recognized Continuing Education Hours
   f) Admission to Exhibit Hall/Gathering Place with Prizes given regularly
   g) Wednesday Awards Celebration Dinner
   h) Friday Special Interest Group Meetings

   Symposium Only Conference Registration Includes:
   a) Choice of Symposium courses beginning Tuesday afternoon through Thursday
   b) All Meals during the Symposium, beginning with the Tuesday evening meal, then Continental Breakfast, Lunch and Dinner, Wednesday and Thursday (Please see Meal Information below)
   c) Items d-h listed above

Become a Member of ATRI for just $45 and Save!

Group Discounts Available!
Groups of 3 or more can call ATRI at 866-462-2874 for possible Group Discounts.

Meal Information: Meals are basic – nothing fancy and no special requests – but they’ll be quick and free. There is no discount for not eating them.
4) Complete Course Selection Sheet
(Pages 12-15) Registrations will not be Processed without completed Course Selection Sheets.

5) Membership - $45 (Optional)
See Benefits List at www.atri.org or on page 2.

6) ATRI Certification Exam (Separate Fee)
The ATRI Certification Exam is optional.

$255 - Select the day you plan to sit for the Exam:

- Monday, June 28 - 6:00 pm
- Friday, July 2 - 8:30 am

7) Registration Fees

Complete Conference Registration
(Includes all Pre-Symposium and Symposium courses and All Meals Monday through Thursday)

Paid BY Early Bird Discount Deadline of Mother’s Day (May 9)
ATRI Member $995
Non-Member $1125

Paid AFTER Early Bird Discount Deadline
ATRI Member $1095
Non-Member $1225

Reduced From...
ATRI Member $1225
Non-Member $1325

OR

Symposium Only Conference Registration
(Courses start Tuesday afternoon through Thursday. Fees include All Meals during the Symposium beginning with the Tuesday evening meal.)

Paid BY Early Bird Discount Deadline of Mother’s Day (May 9)
ATRI Member $695
Non-Member $795

Paid AFTER Early Bird Discount Deadline
ATRI Member $735
Non-Member $795

Pre-Symposium Courses Only
10-hour Pre-Symposium Monday (includes 3 meals)
Non-Member $365

2-hour Pre-Symposium Monday Evening (includes 1 meal)
Non-Member $99

4-hour Pre-Symposium Tuesday Morning (includes 2 meals)
Non-Member $165

8) Payment
(Payable to ATRI) - Your Registration must be paid in full in order to process your Course Selection. You will not receive any Confirmation Materials until your Registration is paid in full. Thank you.

- Sorry, we DO NOT ACCEPT Purchase Orders

Check or Money Order 
Credit Card (circle one): MasterCard  VISA  Discover  American Express

Credit Card Number:

Expiration Date: 3 or 4-Digit Code on Card:

Name as it appears on Card (Print):

Billing Address of Cardholder:
Street Address
City, State, Zip
Cardholder’s Signature:

Figure Your Fees...
(Circle your fees/Enter Total at bottom)

$ 45 ATRI Membership (Optional)
(Covers membership from Jan. 1-Dec. 31, 2010, no matter when you sign up)

$ Registration Fee
Enter Appropriate Fee - See #7 Registration Fees Above

$ 255 ATRI On-Site Certification Exam Fee (Optional)

$ Total

Cancellation Policy:
Cancellations must be sent in writing. Your registration fee may be transferred to another ATRI conference or you may transfer your registration to another person. A $50 fee paid by check or credit card is required for all transfers. Transfers are one-time only and must be used within one year of the date of the conference you are transferring from. If you are cancelling completely, you must cancel 30 days prior to the conference. Your registration fee, minus a $75 processing fee, will be refunded after the conference. There are no refunds for no-shows or for those not meeting the 30-day deadline.

Register by Mother’s Day - May 9th and Save!
Course Selection Sheet Directions

- Sign up for as many courses as you wish by circling the appropriate letter (see key at right).

- PLEASE BE SURE COURSE TIMES DO NOT OVERLAP.

- The courses are described at www.atri.org. Click on June 28-July 2 - Sanibel, FL. You will see the schedule of courses listed. Click on any underlined course for a complete description. More information is also available on pages 4-7 of this brochure.

- Courses are filled in the order in which Registrations are received - you must include:
  - Completed Registration Form
  - Completed Course Selection Sheets
  - Full Payment

- Courses are grouped according to time periods for each day. Many course times overlap. Please make your 1st and 2nd choices with that in mind.

- Begin by filling in your 1st choices for each day, then your second choices. We hope to be able to fill your 1st choices, but you should also make 2nd choices. If you do not make a 2nd choice and your 1st choice is full, you will not be registered for any course during that time frame. (Note: 2nd choice selection not available online).

- If there is a course that you absolutely need, your first choice might be pool space for that course and your second choice might be deck space for that same course, giving you the best chance of getting into the course.

- Please read the times of the courses carefully. You will not circle a choice in every time block because course times overlap. (E.g.) If you choose a course that runs for a two-hour time block as a first choice, do not choose courses in shorter time frames as first choices that would overlap the first course selected. If you do not think you will be attending during certain time frames, please indicate NA next to that time frame so we understand you would prefer to pass it up. SEE SAMPLE BELOW.

FOUR WAYS TO REGISTER...

- Register ONLINE at www.atri.org

- FAX your Course Selection Sheets with your Registration Form and Payment to 561-828-8150.

- MAIL your Course Selection Sheets, Registration Form, and Payment to ATRI, 13297 Temple Blvd., West Palm Beach, FL 33412.

- Have your credit card ready and Course Selection Sheets completed, and CALL toll free 866-go2-ATRI (866-462-2874).

---

**Sample Course Selection Sheet**

<table>
<thead>
<tr>
<th>Course Title</th>
<th>Time</th>
<th>Course #</th>
<th>1st Choice</th>
<th>2nd Choice</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sample Pool Only</td>
<td>7:00 am -- 8:00 am</td>
<td>SAMPLE</td>
<td>P or D</td>
<td>P or D</td>
</tr>
<tr>
<td>Sample Pool Only</td>
<td>7:00 am -- 8:00 am</td>
<td>SAMPLE</td>
<td>P or D</td>
<td>P or D</td>
</tr>
<tr>
<td>Sample Pool Only</td>
<td>7:00 am -- 8:00 am</td>
<td>SAMPLE</td>
<td>P or D</td>
<td>P or D</td>
</tr>
<tr>
<td>Sample Workshop</td>
<td>7:00 am -- 9:20 am</td>
<td>SAMPLE</td>
<td>P or D</td>
<td>P or D</td>
</tr>
<tr>
<td>Sample Workshop</td>
<td>7:00 am -- 9:20 am</td>
<td>SAMPLE</td>
<td>P or D</td>
<td>P or D</td>
</tr>
<tr>
<td>Sample Workshop</td>
<td>7:00 am -- 9:20 am</td>
<td>SAMPLE</td>
<td>P or D</td>
<td>P or D</td>
</tr>
<tr>
<td>Sample Workshop</td>
<td>7:00 am -- 9:20 am</td>
<td>SAMPLE</td>
<td>P or D</td>
<td>P or D</td>
</tr>
<tr>
<td>Sample Workshop</td>
<td>8:20 am -- 10:40 am</td>
<td>SAMPLE</td>
<td>P or D</td>
<td>P or D</td>
</tr>
<tr>
<td>Sample Workshop</td>
<td>8:20 am -- 10:40 am</td>
<td>SAMPLE</td>
<td>P or D</td>
<td>P or D</td>
</tr>
<tr>
<td>Sample Workshop</td>
<td>8:20 am -- 10:40 am</td>
<td>SAMPLE</td>
<td>P or D</td>
<td>P or D</td>
</tr>
<tr>
<td>Sample Workshop</td>
<td>9:40 am -- 12:00 pm</td>
<td>SAMPLE</td>
<td>P or D</td>
<td>P or D</td>
</tr>
<tr>
<td>Sample Workshop</td>
<td>9:40 am -- 12:00 pm</td>
<td>SAMPLE</td>
<td>P or D</td>
<td>P or D</td>
</tr>
<tr>
<td>Sample Workshop</td>
<td>9:40 am -- 12:00 pm</td>
<td>SAMPLE</td>
<td>P or D</td>
<td>P or D</td>
</tr>
<tr>
<td>Sample Lecture</td>
<td>11:00 am -- 12:00 pm</td>
<td>SAMPLE</td>
<td>L</td>
<td>L</td>
</tr>
<tr>
<td>Sample Lecture</td>
<td>11:00 am -- 12:00 pm</td>
<td>SAMPLE</td>
<td>L</td>
<td>L</td>
</tr>
<tr>
<td>Sample Lecture</td>
<td>11:00 am -- 12:00 pm</td>
<td>SAMPLE</td>
<td>L</td>
<td>L</td>
</tr>
</tbody>
</table>

---

KEY
L = Lecture
LW = Land Workshop
P = Pool (to be in the water)
D = Deck (to sit on deck)
PO = Pool Only
## Monday Pre-Symposium Courses • June 28 • 8-Hour Courses

<table>
<thead>
<tr>
<th>Course Title</th>
<th>Time</th>
<th>Course#</th>
<th>1st Choice</th>
<th>2nd Choice</th>
</tr>
</thead>
<tbody>
<tr>
<td>Intro. to Aquatic Therapy/Rehab</td>
<td>7:30 am -- 4:30 pm</td>
<td>1200</td>
<td>P or D</td>
<td></td>
</tr>
<tr>
<td>Risk Awareness/Safety Trng. Cert.</td>
<td>7:30 am -- 4:30 pm</td>
<td>1900</td>
<td>P or D</td>
<td></td>
</tr>
<tr>
<td>Intervention for Balance Deficits</td>
<td>7:30 am -- 4:30 pm</td>
<td>2216</td>
<td>P or D</td>
<td></td>
</tr>
<tr>
<td>Joint Replacement Rehab</td>
<td>7:30 am -- 4:30 pm</td>
<td>2307</td>
<td>P or D</td>
<td></td>
</tr>
<tr>
<td>Myofascial Mobilizations for Ortho</td>
<td>7:30 am -- 4:30 pm</td>
<td>2320</td>
<td>P or D</td>
<td></td>
</tr>
<tr>
<td>Advanced Lumbar Stabilization</td>
<td>7:30 am -- 4:30 pm</td>
<td>3303</td>
<td>P or D</td>
<td></td>
</tr>
<tr>
<td>Upper Extremity 8-hour Package:</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Clinical Ai Chi for Shoulders</td>
<td>7:30 am -- 11:30 am</td>
<td>2621</td>
<td>P or D</td>
<td></td>
</tr>
<tr>
<td>Therapy for the Trapeziun Muscle</td>
<td>12:30 pm -- 4:30 pm</td>
<td>3308</td>
<td>P or D</td>
<td></td>
</tr>
</tbody>
</table>

## Monday Pool Only Course • June 28 • 1-Hour Course

<table>
<thead>
<tr>
<th>Course Title</th>
<th>Time</th>
<th>Course#</th>
<th>1st Choice</th>
<th>2nd Choice</th>
</tr>
</thead>
<tbody>
<tr>
<td>Water Walking with a Noodle PO</td>
<td>12:00 pm -- 1:00 pm</td>
<td>1208</td>
<td>P or D</td>
<td></td>
</tr>
</tbody>
</table>

## Monday Certification Preparation Course • June 28 • 1-Hour Evening Course

<table>
<thead>
<tr>
<th>Course Title</th>
<th>Time</th>
<th>Course#</th>
<th>1st Choice</th>
<th>2nd Choice</th>
</tr>
</thead>
<tbody>
<tr>
<td>ATRI Certification QuickPrep</td>
<td>5:00 pm -- 6:00 pm</td>
<td>1809</td>
<td>L</td>
<td></td>
</tr>
</tbody>
</table>

## Monday Pre-Symposium Courses • June 28 • 2-Hour Courses

<table>
<thead>
<tr>
<th>Course Title</th>
<th>Time</th>
<th>Course#</th>
<th>1st Choice</th>
<th>2nd Choice</th>
</tr>
</thead>
<tbody>
<tr>
<td>Brain Gym in the Pool</td>
<td>5:40 pm -- 8:00 pm</td>
<td>1616</td>
<td>P or D</td>
<td>P or D</td>
</tr>
<tr>
<td>Post-Surgical Ortho Rehab</td>
<td>5:40 pm -- 8:00 pm</td>
<td>2312</td>
<td>P or D</td>
<td>P or D</td>
</tr>
<tr>
<td>Parkinson’s/Dystonia Aquatic Tech.</td>
<td>5:40 pm -- 8:00 pm</td>
<td>2506</td>
<td>P or D</td>
<td>P or D</td>
</tr>
<tr>
<td>Feldenkrais® Neck and Shoulder</td>
<td>5:40 pm -- 8:00 pm</td>
<td>2616</td>
<td>LW</td>
<td>LW</td>
</tr>
<tr>
<td>Clinical Low Back Using Ai Chi PO</td>
<td>5:40 pm -- 8:00 pm</td>
<td>2622</td>
<td>P or D</td>
<td>P or D</td>
</tr>
</tbody>
</table>

## Monday Courses • June 28 • 1-Hour Evening Courses...Overlap with Above 2-Hour Courses

<table>
<thead>
<tr>
<th>Course Title</th>
<th>Time</th>
<th>Course#</th>
<th>1st Choice</th>
<th>2nd Choice</th>
</tr>
</thead>
<tbody>
<tr>
<td>Geriatric Treatment Techniques</td>
<td>5:40 pm -- 6:40 pm</td>
<td>1617</td>
<td>L</td>
<td>L</td>
</tr>
<tr>
<td>Battle Against Metabolic Syndrome</td>
<td>5:40 pm -- 6:40 pm</td>
<td>2003</td>
<td>L</td>
<td>L</td>
</tr>
<tr>
<td>Older Adult Aquatics PO</td>
<td>7:00 pm -- 8:00 pm</td>
<td>1214</td>
<td>P or D</td>
<td>P or D</td>
</tr>
<tr>
<td>Stress Management</td>
<td>7:00 pm -- 8:00 pm</td>
<td>2812</td>
<td>L</td>
<td>L</td>
</tr>
</tbody>
</table>

## Tuesday Pre-Symposium Courses • June 29 • 4-Hour Courses

<table>
<thead>
<tr>
<th>Course Title</th>
<th>Time</th>
<th>Course#</th>
<th>1st Choice</th>
<th>2nd Choice</th>
</tr>
</thead>
<tbody>
<tr>
<td>Core Work for Hip/Back Function</td>
<td>7:00 am -- 11:20 am</td>
<td>1213</td>
<td>P or D</td>
<td>P or D</td>
</tr>
<tr>
<td>Rehab for Amputees</td>
<td>7:00 am -- 11:20 am</td>
<td>2217</td>
<td>P or D</td>
<td>P or D</td>
</tr>
<tr>
<td>Orthopedic Issues for Older Adults</td>
<td>7:00 am -- 11:20 am</td>
<td>2316</td>
<td>P or D</td>
<td>P or D</td>
</tr>
<tr>
<td>Floating Feldenkrais®</td>
<td>7:00 am -- 11:20 am</td>
<td>2617</td>
<td>P or D</td>
<td>P or D</td>
</tr>
<tr>
<td>25 Cervical Maneuvers</td>
<td>7:00 am -- 11:20 am</td>
<td>2620</td>
<td>P or D</td>
<td>P or D</td>
</tr>
<tr>
<td>Policy/Procedure Manual-Aquatics</td>
<td>7:00 am -- 11:20 am</td>
<td>2901</td>
<td>L</td>
<td>L</td>
</tr>
<tr>
<td>Therapeutic Aquassage Protocol</td>
<td>7:00 am -- 11:20 am</td>
<td>3606</td>
<td>P or D</td>
<td>P or D</td>
</tr>
</tbody>
</table>

## Tuesday Morning Research Forum • June 29 • 2-Hour Course ...Overlaps with Above 4-Hour Courses

<table>
<thead>
<tr>
<th>Research Forum</th>
<th>Time</th>
<th>Course#</th>
<th>1st Choice</th>
<th>2nd Choice</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>9:20 am -- 11:20 am</td>
<td>2010</td>
<td>L</td>
<td></td>
</tr>
</tbody>
</table>

## Tuesday Afternoon Symposium Courses • June 29 • 2-Hour Courses

<table>
<thead>
<tr>
<th>Course Title</th>
<th>Time</th>
<th>Course#</th>
<th>1st Choice</th>
<th>2nd Choice</th>
</tr>
</thead>
<tbody>
<tr>
<td>Halliwick</td>
<td>12:30 pm -- 2:50 pm</td>
<td>1603</td>
<td>P or D</td>
<td>P or D</td>
</tr>
<tr>
<td>Deep Water Running Techniques</td>
<td>12:30 pm -- 2:50 pm</td>
<td>1614</td>
<td>P or D</td>
<td>P or D</td>
</tr>
<tr>
<td>Equipment Use in Transitioning</td>
<td>12:30 pm -- 2:50 pm</td>
<td>2013</td>
<td>P or D</td>
<td>P or D</td>
</tr>
<tr>
<td>Return to Running/Walking</td>
<td>12:30 pm -- 2:50 pm</td>
<td>2220</td>
<td>P or D</td>
<td>P or D</td>
</tr>
<tr>
<td>Supine Shoulder Rehab</td>
<td>12:30 pm -- 2:50 pm</td>
<td>2305</td>
<td>P or D</td>
<td>P or D</td>
</tr>
<tr>
<td>Lumbar Stabilization Progression</td>
<td>12:30 pm -- 2:50 pm</td>
<td>2405</td>
<td>P or D</td>
<td>P or D</td>
</tr>
</tbody>
</table>
### Tuesday Afternoon Symposium Courses • June 29

<table>
<thead>
<tr>
<th>Course Title</th>
<th>Time</th>
<th>Course#</th>
<th>1st Choice</th>
<th>2nd Choice</th>
</tr>
</thead>
<tbody>
<tr>
<td>Liability/Insurance</td>
<td>12:30 pm -- 1:30 pm</td>
<td>2808</td>
<td>L</td>
<td>L</td>
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<tr>
<td>Self-Healing for the Aquatic Prof.</td>
<td>12:30 pm -- 1:30 pm</td>
<td>2813</td>
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<td>Partnering with Non-Profits</td>
<td>1:50 pm -- 2:50 pm</td>
<td>1803</td>
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<td>Persistent Pain Explained</td>
<td>1:50 pm -- 2:50 pm</td>
<td>2225</td>
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<tr>
<td>Aquatic Abs That Really Work</td>
<td>3:10 pm -- 4:10 pm</td>
<td>1201</td>
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<tr>
<td>Autism Spectrum</td>
<td>3:10 pm -- 4:10 pm</td>
<td>1222</td>
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<tr>
<td>A Touch of Watsu®-Pool Only</td>
<td>3:10 pm -- 4:10 pm</td>
<td>1608</td>
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<td>Tai Chi Arthritis</td>
<td>3:10 pm -- 4:10 pm</td>
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<td>Total Body Synchronization-Land</td>
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<td>Flowing Reflexology Pool Only</td>
<td>3:10 pm -- 4:10 pm</td>
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<td>Water QiGong Pool Only</td>
<td>3:10 pm -- 4:10 pm</td>
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<td>Emergency Response</td>
<td>3:10 pm -- 4:10 pm</td>
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### Tuesday Evening Symposium Courses • June 29

<table>
<thead>
<tr>
<th>Course Title</th>
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<th>Course#</th>
<th>1st Choice</th>
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<tbody>
<tr>
<td>Symposium 2010 Exhibit Hall/Gathering Place Grand Opening - 4:00 pm -- 7:00 pm</td>
<td>6:50 pm -- 7:50 pm</td>
<td>1001</td>
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<td>Hydrodynamics Pool Only</td>
<td>6:50 pm -- 7:50 pm</td>
<td>1006</td>
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<tr>
<td>Practical Aquatic Progressions PO</td>
<td>6:50 pm -- 7:50 pm</td>
<td>1606</td>
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<tr>
<td>Ai Chi Experience Pool Only</td>
<td>6:50 pm -- 7:50 pm</td>
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<tr>
<td>Feldenkrais® Sacred Sacrum</td>
<td>6:50 pm -- 7:50 pm</td>
<td>2902</td>
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<tr>
<td>Assessment with AIM</td>
<td>6:50 pm -- 7:50 pm</td>
<td>2021</td>
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<tr>
<td>Reducing Risk of Illness, Injury, etc.</td>
<td>6:50 pm -- 7:50 pm</td>
<td>3208</td>
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<td>Core Authority</td>
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### Wednesday Morning Symposium Courses • June 30

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<tbody>
<tr>
<td>MVA Rehab</td>
<td>7:00 am -- 9:20 am</td>
<td>1216</td>
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<tr>
<td>Peds-The Schopler Method</td>
<td>7:00 am -- 9:20 am</td>
<td>1223</td>
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<tr>
<td>Supervision/Delegation/Education</td>
<td>7:00 am -- 9:20 am</td>
<td>1811</td>
<td>L</td>
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<tr>
<td>Integrated Balance</td>
<td>7:00 am -- 9:20 am</td>
<td>2203</td>
<td>P or D</td>
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<tr>
<td>Aquatic Intervention-Balance Issues</td>
<td>7:00 am -- 9:20 am</td>
<td>2209</td>
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<tr>
<td>Ai Chi for Hip/Back</td>
<td>7:00 am -- 9:20 am</td>
<td>2608</td>
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<tr>
<td>PNF in the Pool</td>
<td>7:00 am -- 9:20 am</td>
<td>2624</td>
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<td>Lumbopelvic Stabilization Protocol</td>
<td>7:00 am -- 9:20 am</td>
<td>3304</td>
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<td>Integrated Endurance Options</td>
<td>9:40 am -- 12:00 pm</td>
<td>1204</td>
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<tr>
<td>Buoyant Development</td>
<td>9:40 am -- 12:00 pm</td>
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<td>Post-Rehab for the Spine</td>
<td>9:40 am -- 10:40 am</td>
<td>2321</td>
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<tr>
<td>Heavy Concept-Neuromuscular</td>
<td>9:40 am -- 12:00 pm</td>
<td>2323</td>
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<td>Aquatic Spasticity Inhibition</td>
<td>9:40 am -- 12:00 pm</td>
<td>2618</td>
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<tr>
<td>Documentation/Reimbursement</td>
<td>9:40 am -- 12:00 pm</td>
<td>2806</td>
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<tr>
<td>Frozen Shoulder</td>
<td>9:40 am -- 12:00 pm</td>
<td>3309</td>
<td>P or D</td>
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<td>Myths about Flexibility Training</td>
<td>9:40 am -- 10:40 am</td>
<td>2002</td>
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<tr>
<td>Evidence-Based Progressions</td>
<td>11:00 am -- 12:00 pm</td>
<td>1017</td>
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### Wednesday Afternoon Symposium Courses • June 30

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<tr>
<td>Ageless Agility and ROM</td>
<td>1:40 pm -- 4:00 pm</td>
<td>1203</td>
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<td>Pediatric Handling</td>
<td>1:40 pm -- 4:00 pm</td>
<td>1221</td>
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<td>Closed Chain Functional Prog.</td>
<td>1:40 pm -- 4:00 pm</td>
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<td>Ortho Equipment-Based Progress.</td>
<td>1:40 pm -- 4:00 pm</td>
<td>2313</td>
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<td>Total Knee Replacement</td>
<td>1:40 pm -- 4:00 pm</td>
<td>2322</td>
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<td>Bad Ragaz for Stabilization</td>
<td>1:40 pm -- 4:00 pm</td>
<td>2619</td>
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<td>Lumbar Stabilization for LBP</td>
<td>1:40 pm -- 4:00 pm</td>
<td>3301</td>
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<td>Progressive Evidence-Based Prog.</td>
<td>1:40 pm -- 2:40 pm</td>
<td>2011</td>
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<tr>
<td>Risk/Liability Essentials</td>
<td>3:00 pm -- 4:00 pm</td>
<td>1902</td>
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<td>Awards Celebration Dinner</td>
<td>6:30 pm -- 9:00 pm</td>
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### Thursday Morning Symposium Courses • July 1

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<td>Diabetes and Exercise</td>
<td>7:00 am -- 9:20 am</td>
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<tr>
<td>Peds-Severe/Profound Disabilities</td>
<td>7:00 am -- 9:20 am</td>
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<td>Total Body Synchronizaton-Water</td>
<td>7:00 am -- 9:20 am</td>
<td>1613</td>
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<td>Marketing Proposals and Promos</td>
<td>7:00 am -- 9:20 am</td>
<td>1810</td>
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<td>Balance: Decreasing Fall Risk</td>
<td>7:00 am -- 9:20 am</td>
<td>2211</td>
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<td>Aquatic Options for TBI Rehab</td>
<td>7:00 am -- 9:20 am</td>
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<td>LE Joint Replacements...</td>
<td>7:00 am -- 9:20 am</td>
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<td>Osteoporotic Client Interventions...</td>
<td>8:20 am -- 9:20 am</td>
<td>2324</td>
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<tr>
<td>Calming Fearful Patients</td>
<td>9:40 am -- 12:00 pm</td>
<td>1028</td>
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<td>Creative Ortho Aquatic Rehab</td>
<td>9:40 am -- 12:00 pm</td>
<td>1032</td>
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<td>ROM and Core Training Concepts</td>
<td>9:40 am -- 12:00 pm</td>
<td>1206</td>
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<td>Chronic Pain Management</td>
<td>9:40 am -- 12:00 pm</td>
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<td>Interactive Posture</td>
<td>9:40 am -- 12:00 pm</td>
<td>2204</td>
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<td>Polytrauma: Considerations in AT</td>
<td>9:40 am -- 12:00 pm</td>
<td>2221</td>
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<td>Aquatic Rehab after Breast Cancer</td>
<td>9:40 am -- 12:00 pm</td>
<td>2224</td>
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<td>Pool Water Chemistry</td>
<td>9:40 am -- 10:40 am</td>
<td>1903</td>
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<tr>
<td>Emergency 101: In-Service Training</td>
<td>11 am -- 12:00 pm</td>
<td>1904</td>
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### Thursday Afternoon Symposium Courses • July 1

<table>
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<th>Time</th>
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<td>ATRI Certification QuickPrep</td>
<td>12:00 pm -- 1:00 pm</td>
<td>1809</td>
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<td>Energy Meridian Exercises</td>
<td>1:40 pm -- 4:00 pm</td>
<td>1023</td>
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<td>MS Aquatics</td>
<td>1:40 pm -- 4:00 pm</td>
<td>1219</td>
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<td>Aquatics-Developmentally Delayed</td>
<td>1:40 pm -- 4:00 pm</td>
<td>1225</td>
<td>P or D</td>
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<td>Cervical Aquatic Treatment</td>
<td>1:40 pm -- 4:00 pm</td>
<td>1605</td>
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<td>Using Water to Treat Lymphedema</td>
<td>1:40 pm -- 4:00 pm</td>
<td>2224</td>
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<td>Ai Chi as an Integrative Practice</td>
<td>1:40 pm -- 4:00 pm</td>
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<td>Grant Writing</td>
<td>1:40 pm -- 2:40 pm</td>
<td>1804</td>
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<td>Pilates</td>
<td>1:40 pm -- 2:40 pm</td>
<td>2812</td>
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<td>Brain Science and Aquatic Therapy</td>
<td>3:00 pm -- 4:00 pm</td>
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<td>How to Incorporate Research</td>
<td>3:00 pm -- 4:00 pm</td>
<td>2019</td>
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### Friday Morning Special Interest Group Meetings • July 2 • No Need to Sign Up, Just Show Up!

Three Meetings from 8:00-10:00 am: 1) Assessment  2) Pediatrics  3) Wounded Warrior Program
Two Meetings from 10:00 am-12:00 pm: 1) Reimbursement  2) Products
Aquatic Therapy Symposium
June 28-July 2, 2010
Sanibel Harbour Marriott Resort & Spa
Sanibel, Florida, USA
www.sanibel-resort.com

Aquatic Therapy & Rehab Institute, Inc.
13297 Temple Blvd.
West Palm Beach, FL 33412
Toll Free: 866-go2-ATRI (462-2874)
Fax: 561-828-8150
E-mail: atri@atri.org
Website: www.atri.org

The Symposium Offers You:
• The most comprehensive, intensive and advanced aquatic therapy and rehab information available!
• New techniques and protocols for success!
• Speakers, who are specifically chosen for three important qualities: their teaching, facilitating and mentoring abilities!

Your Leading Source of Multidisciplinary Aquatic Therapy Education
“Where Education is Never Dry”

Register by Mother’s Day and Save!
Become a Member of ATRI and Save!