

# International Aquatic Therapy Symposium

## June 19-22, 2018

Sanibel Harbour Marriott Resort & Spa • Sanibel, FL

Your Leading Source of Multidisciplinary Aquatic Therapy Education



### Top Ten Reasons Why You Should Attend:

- 1) *Hands-on Experience in the Pool*
- 2) *Connections that can Move you Forward to New Success*
- 3) *Network with Colleagues from All Over the World*
- 4) *Learn from the Foremost Authorities*
- 5) *Stay on Top of Industry Research, Trends and Techniques*
- 6) *Beginner to Advanced Level Courses*
- 7) *Ideas You Can Use on Monday Morning*
- 8) *Improve Your Outcomes*
- 9) *Gorgeous Resort near Sanibel Island*
- 10) *All Meals are Included*

*This Event Sells Out!  
Register Today!*

World's largest multidisciplinary aquatic therapy event!  
Contact ATRI: 866-go2-ATRI (866-462-2874) • [atri@atri.org](mailto:atri@atri.org) • [www.atri.org](http://www.atri.org)

# Welcome to our 22nd Symposium!



*“This was perfect for my needs as a PT brand new to aquatics wanting to get an overview and a sampling of different techniques and applications. I enjoyed the lab and lecture and know I can immediately use what I learned to benefit my patients.” – Heather Sarratt, PT*



## Symposium Keynote Speaker

### Happiness

All of us have difficulties, frustrations, embarrassments and challenges. How do we maintain a happy, joyful attitude in the midst of our chaotic lives? Join us for some simple, but valuable, ideas.

We move toward a state of health and wellness when we acknowledge happiness.

An internationally recognized leader in aquatic therapy, **Ruth Sova, MS, ATRIC**, is dedicated to the growth and betterment of the industry through her tireless research and development efforts. She has founded six successful businesses and holds numerous awards and honors in the industry. Ruth educates and energizes audiences with her presentations on personal growth, entrepreneurship, aquatic therapy and fitness, and managing a business.

Ruth founded the Aquatic Therapy and Rehab Institute, Inc. (ATRI) a non-profit educational organization dedicated to the professional development of healthcare professionals involved with aquatic therapy. She is founder and past president of the Aquatic Exercise Association (AEA).

Ruth has authored over 170 articles, written 18 books, and produced over 50 DVDs and CDs.

## Thank You to Our 2018 Pool Equipment Suppliers:

**AquaJogger®**

[www.aquajogger.com](http://www.aquajogger.com)

**AquaLogix, Inc.®**

[aqualogixfitness.com](http://aqualogixfitness.com)

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## Thank You to Our 2018 Sponsors:

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[h2owear.com](http://h2owear.com)

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**Acquapole® by Indigo Aquatics**

[indigoaquatics.com](http://indigoaquatics.com)

# Join us June 19-22 in Sanibel, Florida

## Schedule at a Glance

### Tuesday, June 19

6:45 - 8:45 am	Continental Breakfast
7:45 am - 12:00 pm	Symposium Courses
11:00 am - 1:00 pm	Lunch
12:45 - 5:30 pm	Symposium Courses
5:30 - 7:00 pm	Dinner
6:15 pm	Welcome/Orientation (during dinner)

### Wednesday, June 20

7:00 - 9:00 am	Continental Breakfast
7:45 - 11:15 am	Symposium Courses
11:00 am - 1:30 pm	Lunch in Exhibit Hall/Gathering Place Grand Opening
1:30 - 5:00 pm	Symposium Courses
6:00 pm	Awards Celebration Dinner Keynote by: Ruth Sova, MS, ATRIC

**Plan your Symposium Arrival and  
Departure Times!**

### Thursday, June 21

6:30 - 8:30 am	Continental Breakfast
7:30 - 11:00 am	Symposium Courses
11:00 am - 1:00 pm	Lunch in Exhibit Hall/Gathering Place
1:00 - 5:30 pm	Symposium Courses
5:30 - 7:00 pm	Dinner in Exhibit Hall/Gathering Place

### Friday, June 22

7:00 - 8:00 am	Symposium Courses
6:30 - 8:30 am	Networking Continental Breakfast
8:30 am - 12:00 pm	Symposium Courses
11:30 am - 1:00 pm	Lunch in Exhibit Hall/Gathering Place Grand Finale and Pool Equipment Distribution
1:15 pm	ATRIC Exam (separate fee)

**Register by Mother's Day -  
May 13th and Save!**

## ATRI Awards Celebration Dinner on Wednesday Evening

The 2018 ATRI Aquatic Therapy Awards Celebration Dinner will take place on Wednesday evening. Please join us as we honor the winners of this year's Aquatic Therapy Professional Award, Tsunami Spirit Award, and Dolphin Award!

**Award Descriptions and Nomination Forms  
are available at [www.atri.org](http://www.atri.org).  
The Nomination Deadline for all Awards is  
April 1st.**

**Complete Conference Registrants:  
This is Your Chance to Win a  
FREE Registration for any 2018 or 2019  
ATRI Conference! We'll Draw the  
Winner at the Awards Celebration...  
You Must be Present to Win!**

## Register Now!

Be one of the First 50 People to Register for  
the Symposium and Receive Gifts from:

Danmar Products  
H2O Wear®  
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Strechcordz of NZ Manufacturing®



**2016 Symposium Award Winners:** (Left to Right):  
Tsunami Spirit Award Winner Bill Litchfield; Dolphin  
Award Winners: Lupita Trujillo-Thieman and Fran Wade;  
Aquatic Therapy Professional Award Winner Donna  
Lewen.

## Join the ATRI elist!

- Explore Topics
- Ask Questions
- Share Ideas
- Post Job Searches
- Connect with Others in Your Field

**It's Free! Check it out at [atri.org](http://atri.org)**

# Symposium Course Schedule

## PLEASE READ BEFORE CHOOSING YOUR COURSES:

Your Complete Conference Registration includes your choice of Symposium courses, one hour to full day in length and everything in between. Please read times to avoid overlap in your schedule.

All Courses combine Lecture and Pool Lab, except where noted as Lecture Only, Pool Only or Land Workshop.

You can choose whatever courses you want in each time block OR if you would like to follow a track, please see below.

## NEW IN 2018 - TRACKS, MINI-TRACKS, CERTIFICATES:

**TRACKS** - Choose the courses listed in each Track to follow that topic. There are some time blocks where you make your own course selection.

### 1) NEURO PEDS TRACK

Tuesday 7:45-11:00 am • Pediatric H2O (#2202)  
Tuesday 12:45-4:15 pm • Aquatic Mobilizations (#3207)  
Tuesday 4:30-5:30 pm • Choose your own course  
Wednesday 7:45-11:00 am • Brain Injury Techniques (#1506)  
Wednesday 1:30-4:45 pm • Improving SCI High Quad Function (#1509)  
Thu. 7:30-10:45 am • Sensory Stimulation - Adult and Pediatric Application (#1503)  
Thursday 1:00-4:00 pm • Neuro Strategies (#1507) OR Ortho Kids (#1218)  
Thursday 4:30-5:30 pm • Choose your own course  
Friday 7:00-8:00 am • Choose your own course  
Friday 8:30-11:45 am • Spasticity and Contractures (#3612)

### 2) ORTHOPEDIC TRACK

Tuesday 7:45-11:45 am • BioExercise for Hips and Knees (#2301)  
Tuesday 12:45-4:00 pm • Strength through Rotation (#3205)  
Tuesday 4:30-5:30 pm • Choose your own course  
Wednesday 7:45-11:15 am • Latest Concepts for Hips (#3313)  
Wednesday 1:30-5:00 pm • Corrective Exercises for Shoulders (#3611)  
Thursday 7:30-10:45 am • Knee, Hip, Walk (#1313)  
Thursday 1:00-4:00 pm • Latest Concepts for Knees (#3315) OR Ortho Kids (#1218)  
Thursday 4:30-5:30 pm • Choose your own course  
Friday 7:00-8:00 am • Choose your own course  
Friday 8:30-11:45 am • Neuro Cross-Training for Ortho Patients (#3316)

### 3) AI CHI TRACK (Two days only)

Tuesday 7:45 am-4:15 pm • Ai Chi Innovations (#2628)  
Tuesday 4:30-5:30 pm • Choose your own course  
Wednesday 7:45-11:15 am • Ai Chi ROM and Ai Chi Ne (#3607)  
Wednesday 1:30-5:00 pm • Ai Chi Evolutions (#2638)  
Thursday • Choose your own courses  
Friday • Choose your own courses

**MINI-TRACKS** - Mini-Tracks include two courses each. You sign up for the Mini-Track and take both courses included in it.

Aging (#1213) • Fall Prevention / Chair-Seated Adaptations • Tuesday 7:45-11:15 am  
Manual (#1625) • Cranial Head Release / Keltic Hands OR  
Athletic (#2239) • Warrior / Athletic Rehab • Tuesday 12:45-4:00 pm  
Pain (#2243) • Vertical Tech. / Early Ortho Intervention • Wednesday 7:45-11:00 am  
Pain (#3201) • Psychological / Peripheral Neuropathy • Wednesday 1:30-4:45 pm  
Techniques (#2222) • HIIT / Circuits • Thursday 7:45-10:45 am  
Techniques (#1626) • Yoga / SykorovaSynchro Method • Thursday 1:00-4:00 pm  
Chronic Issues (#2246) • PTSD Aqua Yoga / Evidence-Based • Friday 8:30-11:30 am

For Detailed Course Descriptions, please go to [www.atri.org](http://www.atri.org)

## Course Numbers

1000 - Beginner  
2000 - Intermediate  
3000 - Advanced

## Certificates

**Please Note:** ALL courses offered at the Symposium give you credit and are listed on our ATRI CEC/CEU Record Sheet, your official Certificate of Attendance.

### **Full-Day Certificate Courses:**

#### **Tuesday:**

AquaStretch™ (#2627)  
Bad Ragaz (#3605)

#### **Wednesday:**

Burdenko Method (#3610)  
Myofascial (#3609)

#### **Thursday:**

Business (#3800)  
Geriatric (#3209)  
Pilates (#1620)

**Register by  
Mother's Day -  
May 13th and Save!**



# Tuesday / Wednesday Course Schedule

## **Tuesday, June 19 • Full-Day Courses • 7:30 am-4:15 pm • 6 and 7.5 credit hours**

**1200 - Intro. to Aquatic Therapy and Rehab (7.5 hours)** - Ruth Sova, MS, ATRIC • *This Course is Recommended for All Those New to Aquatic Therapy and Anyone Planning to take the ATRI Certification Exam (see page 7).*

**2627 - AquaStretch™ Certificate (6 hours)** - Connie Jasinskas, MSc; Terri Mitchell, BA, PTA, ATRIC

**2628 - Ai Chi Innovations (6 hours)** - Jun Konno, ATRIC; Anne Asterhall, BS; Barb Batson, Aquatic Specialist; Donna Lewen, BA, ATRIC; Sue Nelson, BS; Melinda Pierce, PT, MS, CEEAA, ATRIC

**3605 - Bad Ragaz Certificate (6 hours)** - Luis Vargas, PhD, PT, ATRIC

## **Tuesday • Morning Courses • 7:45-11:45 am • 3 and 3.5 credit hours**

**1213 - Aging Mini-Track (3.5 hours) - Fall Prevention Strategies (Lecture)** - Eduardo Netto, MS /

**Chair and Seated Exercise Adaptations (Land Workshop)** - Anne Pringle Burnell, Aquatic Specialist

**2202 - Pediatric H2O (3 hours)** - Julia Meno, CTRS, CMT, ATRIC

**2301 - Bioexercise for Hips and Knees (3.5 hours)** - Katrien Lemahieu, MSEN

## **Tuesday • Afternoon Courses • 12:45-4:15 pm • 3 credit hours**

**1625 - Manual Mini-Track - Cranial Head Release (Land Workshop)** - Donna Lewen, BA, ATRIC /

**Keltic Hands (Land Workshop)** - Jim Kelsey, KT, ATRIC

**2239 - Athletic Mini-Track - Warrior: Selecting Drag Equipment to Improve ADLs (Land Workshop)** - Mary Wykle PhD, ATRIC / **Athletic Rehab (Land Workshop)** - David Berry, PhD, AT, ATC, ATRIC

**3205 - Strength through Rotation** - Maryanne Haggerty, MS

**3207 - Aquatic Mobilizations** - Julia Meno, CTRS, CMT, ATRIC

## **Tuesday • Afternoon Courses • 4:30-5:30 pm • 1 credit hour**

**1618 - Suspension Exercises with NZ Cordz (Pool Only)** - Anne Pringle Burnell, Aquatic Specialist

**1628 - Keltic Hands (Pool Only)** - Jim Kelsey, KT, ATRIC

**1631 - Functional Fitness and Rehabilitation with Acquapole (Pool Only)** - Kristy Anaya, BA; Andrea Velazquez, BS

**2215 - Posture and Core for the Aging Spine (Land Only)** - Maryanne Haggerty, MS

***“Over the past 20 years I have had the privilege of attending scores of CEU programs, but ATRI provides a family of support that is legendary and very effective at maintaining many ideas that are always ready for processing on the following Monday morning.” – Bill Riley, PTA***

## **Wednesday, June 20 • Full-Day Courses • 7:45 am-5:00 pm • 6 credit hours**

**3609 - Science and Application of Myofascial Function Certificate** - Lynda Keane, BSc; Julia Meno, CTRS, CMT, ATRIC; Camella Nair, Swami, C-IAYT

**3610 - Burdenko Method Certificate** - Beth Scalone, PT, DPT, OCS, ATRIC

## **Wednesday • Morning Courses • 7:45-11:15 am • 3 credit hours**

**1506 - Brain Injury Techniques** - Joan Danks, CTRS

**2005 - Evidence-Based Practice: Appraising Research Studies (Lecture)** - David Berry, PhD, AT, ATC, ATRIC

**2243 - Pain Mini-Track - Vertical Techniques for Chronic Pain (Land Workshop)** - Connie Jasinskas, MSc /

**Early Ortho Intervention (Land Workshop)** - Terri Mitchell, BA, PTA, ATRIC

**3312 - Trunk-Centered Extremity Movement** - Maryanne Haggerty, MS

**3313 - Latest Concepts for Hips** - Lynda Huey, MS

**3607 - Ai Chi ROM and Ai Chi Ne** - Ruth Sova, MS, ATRIC; Mary Wykle, PhD, ATRIC

## **Wednesday • Afternoon Courses • 1:30-5:00 pm • 3 credit hours**

**1022 - Research Forum (Lecture)** - David Berry, PhD, AT, ATC, ATRIC; Ellen Broach, PhD, CTRS

**1219 - Precision Posture** - Steph Toogood, Aquatic Specialist

**1509 - Improving SCI High Quad Function** - Adam Wilson, CTRS, CBIS

**2638 - Ai Chi Evolutions** - Jun Konno, ATRIC; Barb Batson, Aquatic Specialist; Katrien Lemahieu, MSEN; Cesar Petronio, PT; Luis Vargas, PhD, PT, ATRIC

**3201 - Pain Mini-Track - Psychological Principles in Chronic Pain Rehab (Lecture)** - Anita Davis, PT, DPT, DAAPM / **Treating Peripheral Neuropathy (Land Workshop)** - Mary LaBarre, PT, DPT, ATRIC

**3611 - Corrective Exercises for Shoulders** - Terri Mitchell, BA, PTA, ATRIC

***See Thursday and Friday Course Schedules on next page...***

# Thursday / Friday Course Schedule

## **Thursday, June 21 • Full-Day Courses • 7:30 am-4:00 pm • 5.5 and 6 credit hours**

- 1620 - Pilates Certificate (5.5 hrs) - Anne Pringle Burnell, Aquatic Specialist, Stott Pilates Trainer
- 3209 - Geriatric Certificate (5.5 hrs) - Mary Wykle, PhD, ATRIC; David Berry, PhD, AT, ATC, ATRIC; Steph Toogood, AS
- 3800 - Business Certificate - Build, Promote, Operate Aquatic Therapy (Lecture Only) (6 hrs) - Mick Nelson, BS, MS; Sue Nelson, BS; Kent Nelson, CMT

## **Thursday • Morning Courses • 7:30-11:00 am • 3 credit hours**

- 1313 - Knee, Hip, Walk - Takuya Ohshio, ATRIC
- 1503 - Sensory Stimulation – Adult and Pediatric Application - Vicki Hames-Frazier, Adapted Aquatic Specialist; Maria Sykorova Pritz, EdD
- 2222 - Techniques Mini-Track - High Intensity Interval Training (Land Workshop) - Eduardo Netto, MS / Circuits for Therapy (Land Workshop) - Katrien Lemahieu, MSEN
- 3002 - Diagnoses and Treatment of Complex Conditions - Anita Davis, PT, DPT, DAAPM
- 3314 - Facilitating Ideal Movement - Beth Scalone, PT, DPT, OCS, ATRIC

## **Thursday • Afternoon Courses • 1:00-4:00 pm • 2.5 credit hours**

- 1218 - Kids Ortho - Katrien Lemahieu, MSEN
- 1626 - Techniques Mini-Track - Yoga (Land Workshop) - Camella Nair, Swami, C-IAYT / SykorovaSynchro Method (Land Workshop) - Maria Sykorova Pritz, EdD
- 1507 - Neuro Strategies - Adam Wilson, CTRS, CBIS
- 2501 - Post-Stroke Rehabilitation and Recovery - Mary LaBarre PT, DPT, ATRIC
- 3315 - Latest Concepts for Knees - Lynda Huey, MS

## **Thursday • Afternoon Courses • 4:30-5:30 pm • 1 credit hour**

- 1211 - Healing Exercises with the Nekdoodle (Pool Only) - Donna Lewen, BA, ATRIC
- 2214 - Endurance Training on the Hydroider (Pool Only) - Katrien Lemahieu, MSEN
- 2241 - Hypermobility (Lecture Only) - Lynda Keane, BSc



## **Friday, June 22 • Networking Breakfast • 6:30-8:30 AM**

ATRI will have Networking tables for those who want to 'talk topics'. There won't be a moderator – just each of you sharing ideas. Don't see a topic? Make your own! This is all YOU!

## **Friday, June 22 • Morning Courses • 7:00-8:00 am • 1 credit hour**

- 1314 - Strength and Conditioning with Aqua Ohm (Pool Only) - Irene Pluim Mentz, PT
- 1809 - ATRI Certification QuickPrep (Lecture Only) - Ruth Sova, MS, ATRIC
- 2245 - Aquatic Walking/Running: From Rehab to Athletic Performance (Pool Only) - David Berry, PhD, AT, ATC, ATRIC
- 2336 - AquaLogix: Strengthen and Stretch Musculoskeletal Injuries with Ortho and Neuro Cross Training (Pool Only) - Mary Wykle, PhD, ATRIC

## **Friday • Morning Courses • 8:30 am-12:00 pm • 3 credit hours**

- 1315 - Move, Train, Play - Steph Toogood, Aquatic Specialist
- 1627 - Unpredictable Command Technique - Donna Lewen, BA, ATRIC
- 2246 - Chronic Issues Mini-Track - PTSD and Aqua Yoga (Land Workshop) - Camella Nair, Swami, C-IAYT / Evidence-Based Practice for Chronic Issues (Lecture) - David Berry, PhD, AT, ATC, ATRIC
- 2320 - Core Techniques for Spinal Post-Rehab - Connie Jasinskas, MSc
- 3316 - Neuro Cross-Training for Ortho Patients - Beth Scalone, PT, DPT, OCS, ATRIC
- 3612 - Spasticity and Contractures - Julia Meno, CTRS, CMT, ATRIC
- 3613 - Loaded Movement Training - Terri Mitchell, BA, PTA, ATRIC

## **Register by Mother's Day - May 13th and Save!**

# Symposium Course Information

## *ATRI Faculty*

Kristy Anaya, BA  
Anne Asterhall, BS  
Barb Batson, Aquatic Specialist  
David Berry, PhD, AT, ATC, ATRIC  
Ellen Broach, PhD, CTRS  
Anne Pringle Burnell, Aquatic Specialist  
Joan Danks, CTRS  
Anita Davis, PT, DPT, DAAPM  
Maryanne Haggerty, MS  
Vicki Hames-Frazier, Adapted Aquatic Specialist  
Lynda Huey, MS  
Connie Jasinkas, MSc  
Lynda Keane, BSc  
Jim Kelsey, KT, ATRIC  
Jun Konno, ATRIC  
Mary LaBarre, PT, DPT, ATRIC  
Katrien Lemahieu, MSEN  
Donna Lewen, BA, ATRIC  
Julia Meno, CTRS, CMT, ATRIC  
Irene Pluim Mentz, PT  
Terri Mitchell, BA, PTA, ATRIC  
Camella Nair, Swami, C-IAYT  
Kent Nelson, CMT  
Mick Nelson, BS, MS  
Sue Nelson, BS  
Eduardo Netto, MS  
Takuya Ohshio, ATRIC  
Cesar Petronio, PT  
Melinda Pierce, PT, MS, CEEAA, ATRIC  
Maria Sykorova Pritz, EdD  
Beth Scalone, PT, DPT, OCS, ATRIC  
Ruth Sova, MS, ATRIC  
Steph Toogood, Aquatic Specialist  
Luis Vargas, PhD, PT, ATRIC  
Andrea Velazquez, BS  
Adam Wilson, CTRS, CBIS  
Mary Wykle, PhD, ATRIC



## *ATRI Aquatic Therapeutic Exercise Certification Exam*

**Friday, June 22 • 1:30 pm (Registration 1:15 pm)  
(You have three hours to complete the exam.)**

**The ATRI Aquatic Therapeutic Exercise Certification Exam** is for competent, knowledgeable professionals in aquatic therapy, rehab and therapeutic exercise. The exam will test your ability to meet the Aquatic Therapy and Rehabilitation Industry Standards to practice. The Standards are available on the ATRI website and can be downloaded free of charge. The certification will allow you to use the term “ATRI Certified” or the initials “ATRIC” after your name. The certification will not make you a therapist if you aren’t already one. Please go to [atri.org](http://atri.org) for more information, click on Certification Information.

You must fulfill the prerequisite of 15 hours of education in Aquatic Therapy and Rehab in order to take the exam (either in-person or online). The Intro. to Aquatic Therapy and Rehab course (#1200 offered on Tuesday from 7:30 am-4:15 pm) is an excellent preparatory course for the exam. The ATRI Certification QuickPrep course (#1809 offered on Friday from 7:00-8:00 am) is also very helpful.

***Position Yourself for the Future...  
Learn New Techniques and  
Protocols for Success!***



# Hotel & Travel Arrangements



## Resort Headquarters • Sanibel Harbour Marriott Resort & Spa, Sanibel/Fort Myers, FL

The Sanibel Harbour Marriott Resort & Spa is a luxurious tropical escape where 85 acres of coastal scenery welcome you. Overlooking Sanibel and Captiva Islands on Florida's Southwest Gulf Coast, Sanibel Harbour Marriott Resort & Spa was named among the "Top 100 Spa Resorts in the US" by *Condé Nast Traveler*. Swimming, kayaking, tennis, and a world-class fitness center are all part of the resort experience. Explore acclaimed angling from the resort's own fishing pier or catch a glimpse of dolphins from a memorable cruise with *Holiday Adventure Tours & Boat Rental*. Family programs include "Dive-In Movies", Sun Sport Rentals, Catamaran & Yacht Tours, plus other special events.

## Sanibel Harbour Marriott Resort & Spa Details

Guest rooms feature private balconies, signature robes, hair dryers, custom-blended bath amenities, iron/ironing boards, coffee makers, mini-bars or refrigerators, voicemail, data port, high-speed Internet access, in-room safe, non-smoking rooms, and handicapped accessible rooms.

Ahhh...  
the sea,  
the sun,  
the sand.



## Directions

If you are traveling by air, Southwest Florida International Airport (RSW) is conveniently located in Fort Myers, FL. The Resort is approximately 30 minutes from the airport. Driving directions to the Resort will be in your Confirmation Materials.

## To Get From the Airport to the Hotel

Fares are generally around \$45-50 for one to three people (all prices subject to change). **MBA Taxi Service** - located at airport, 239-482-2777. **Shuttle Services: Apple:** 800-852-7027 / [www.appletransportation.com](http://www.appletransportation.com) / **Majestic:** 800-833-4473 or 239-489-4473 / [www.majesticairportservice.com](http://www.majesticairportservice.com)

## Parking

The hotel provides free self parking for all Symposium attendees and \$10/night valet parking - this is a special rate for ATRI attendees.

Symposium Headquarters • Overnight Accommodations

## Sanibel Harbour Marriott Resort & Spa

17260 Harbour Pointe Drive  
Fort Myers, FL 33908

Reservations Only: (800) 767-7777 or click on the

Reservations link at [www.atri.org](http://www.atri.org)

Hotel Switchboard: (239) 466-4000

Guest Fax: (239) 466-2266

[www.sanibel-resort.com](http://www.sanibel-resort.com)

**Book Your Hotel Room by June 1st  
to Secure Your Room and \$139 Rate!  
Call 800-767-7777**

## Hotel Rates

- Special Symposium rate: **\$139 single/double** (plus tax - subject to change) until June 1st. The rate includes a Daily Benefits Fee which provides the following special resort services:
  - Unlimited access to the world-class Spa facilities
  - Full use of the fitness center
  - Unlimited hours of clay tennis court time
  - Unlimited in-room access to high-speed wired or wireless Internet service
  - No additional fee for "800" numbers
  - Newspaper delivered to your guest room
  - Coffee in your guest room
  - Turndown service upon request
  - Shuttle transportation to selected Sanibel area attractions
  - Trolley transportation around the resort complex
  - Admittance to any of the more than 30 exercise classes offered weekly.
- **Please note:** When you make your reservation, you will receive an **email confirmation from the hotel**. This is auto-generated and **will include the \$25/day Resort Fee**. This **fee will be waived** when you are charged for your stay if your room is in the ATRI room block.
- Reservations will be confirmed by credit card guarantee. All major credit cards will be accepted.
- When making your reservation, please identify yourself as an Aquatic Therapy & Rehab Institute attendee to receive the special discounted rates.
- **Discounted room rates are good for three days before and after the Symposium, based on availability. These reservations MUST be made by telephone. The online reservation system will not recognize these dates.**
- **Reservation Deadline:** Cut-off date for room reservations is **June 1, 2018**. After the cut-off date, and/or once the room block has been filled, reservations will be confirmed on a space and rate available basis.
- Check-in time is 4:00 pm. Guests arriving before 4:00 pm will be accommodated as rooms become available. Check-out time is 11:00 am.
- **ATRI is not responsible for making or paying for your room reservations or overnight arrangements.**
- **Hotel Cancellation policy:** Guaranteed rooms will be held for night of arrival only. For any guaranteed reservations that result in a "no show", one night's room and tax charge will be billed to the individual. Payments for cancelled reservations will be refunded if the Resort is notified at least seven (7) days prior to the guest's scheduled arrival date.



# Symposium 2018 Registration Details

## Symposium Registration

### Your Complete Conference Registration includes:

- Choice of ALL Symposium courses, 1-hour to full-day courses to choose from
- **All Meals** - Continental Breakfast, Lunch and Dinner from Tuesday through Thursday, and Breakfast and Lunch on Friday
- Access to All Symposium Course Handouts
- Nationally Recognized Continuing Education Hours
- Admission to Exhibit Hall/Gathering Place with Prizes given regularly
- Wednesday Awards Celebration Dinner
- Your Chance to Win a Free Registration to any ATRI Conference in 2018 or 2019
- Friday Networking Breakfast

### A separate fee is required for...

- Aquatic Therapeutic Exercise Certification Exam

## Continuing Education Hours

Numerous therapy and aquatics-related organizations accept ATRI courses and award credit as appropriate. Specific information will be available at the Symposium. All attendees will receive a Continuing Education Credit/Unit Record Sheet as proof of attendance. You may use the proof of attendance and the course descriptions and biographies from the ATRI website (atri.org) to obtain credit. ATRI always provides attendees with any additional information they need to obtain credit. The following organizations routinely approve the Symposium for continuing education hours:

- American Kinesiotherapy Association (AKTA)
- American Therapeutic Recreation Association (ATRA)
- Aquatic Exercise Association, Inc. (AEA)
- Florida Board of Massage Therapy
- Florida Board of Occupational Therapy
- Florida Physical Therapy Association
- Physical Therapy Board of California
- Illinois Department of Financial and Professional Regulation
- Texas Board of Physical Therapy Examiners

Many state Physical Therapy and Occupational Therapy organizations require pre-approval of conference courses. If you are in need of PT or OT CEU approval, please check with your state PT or OT organization to determine their requirements. Every state is different and ATRI does not automatically obtain PT or OT continuing education pre-approval for all states because the cost is prohibitive. Each therapist must follow the guidelines given by his/her state PT or OT organization for approval. **Please email Angie Fischer with any questions – afischer@atri.org.**

## Unbeatable Exhibit Hall/Gathering Place

Our exhibitors are ready to show you the latest in useful, innovative products to increase your results and boost your profits. You'll find health and medical products, books, CDs and DVDs, plus a spectacular assortment of the latest fitness apparel. Test new products. Take advantage of Symposium discounts! The ATRI Exhibit Hall is called "The Gathering Place" so everyone knows where to meet, visit and learn during exhibit times. There will be round tables to facilitate networking, enjoy meals, and we'll also have educational and entertaining programs interspersed during the exhibit time.

## Pool Equipment Sales - Tell Your Supervisor

The Symposium is your place to buy pool equipment! Demonstration equipment will be available to buy at discounted prices! Take advantage of these special bargains!

## Choosing Your Symposium Courses

Choose your Symposium courses by completing the Course Selection Sheets on **pages 12-15**. Cross-reference the course descriptions online at atri.org as you make your choices. Begin by selecting all of your first choices, then make second choices in case courses fill. If it's important that you get into a particular course, your first choice schedule might include pool participation for that course, while your second choice could be the same course, but observing and taking notes from the deck. Your days at the Symposium will be very full. Balance your schedule to allow time for meals, networking and rest.

## Confirmation

**You will receive your confirmation via e-mail** (be sure atri.org is accepted by your server) once your registration and payment have been processed. Let us know if you don't have your confirmation within one week after your registration. **Please Note: Your Symposium Registration must be paid in full before your registration will be processed.**

## Make your Room Reservations Now!

Be sure to book your room at the Sanibel Harbour Marriott Resort & Spa **IMMEDIATELY** to secure ATRI room rates! The Resort provides you with a beautiful, relaxing location at the center of Symposium courses and activities. **Book EARLY!** Call 1-800-767-7777 by June 1st! Room rate is not guaranteed after that date and availability is not guaranteed after our block of rooms is filled!

## Looking for a Roommate?

Would you like to share the cost of your overnight room with another attendee? We will provide a list of those who would like to share a room. If you would like to be on and receive this list, complete the roommate information on the registration form. **Note that we are not responsible for finding you a roommate or for making your reservation.** We supply the names, you make the choice. We encourage you to make hotel reservations even if you have requested a roommate. Until your plans are final, it is in your best interest to secure a room.

**Book Your Hotel Room by June 1st  
to Secure Your Room and \$139 Rate!  
Call 1-800-767-7777**

## Volunteers Always Needed

ATRI is always looking for fired-up volunteers, ready to work with us on-site at the Symposium. You'll receive a discounted registration fee as our thanks! If interested, please send an e-mail to mgunn@atri.org or call toll free, 866-go2-atri (866-462-2874).

## What to Wear

Florida in June... it will be hot and quite humid. Average daily temperatures will be in the 80s with a nice ocean breeze, of course! Two of the three pools we will be using are outdoors. Be sure to bring sun block and appropriate hats, etc. Our Symposium is always casual. Dress in layers as meeting rooms are air conditioned and although we make every effort to offer rooms with comfortable temperatures, it's wise to have a sweatshirt or jacket with you at all times, especially when coming from the pool. Please take a cover-up for over swimwear and plan to wear it or other appropriate attire over swimsuits in hotel lobby, meetings rooms and general public areas.

## Your Tuition is Tax Deductible

All expenses of continuing education, including registration fees, travel and lodging, taken to maintain or improve professional skills are tax deductible for US residents, subject to the limitations set forth by the Internal Revenue Service.

# 2018 Symposium Registration Form

## Four Ways to Register!

**ONLINE...** Register online at [www.atri.org](http://www.atri.org) • **ATRI Members Receive Great Discounts!**

**FAX...** Fax Registration Form, Course Selection Sheets and Credit Card Number to **561-828-8150**.

**MAIL...** Mail Registration Form, Course Selection Sheets and Payment (payable to ATRI) to:  
**ATRI, 6602 Chestnut Circle, Naples, FL 34109.** (If paying by check, checks must be mailed with Registration Form and Course Selection Sheets. Please do not mail checks separately.)

**PHONE...** Call toll free **866-462-2874** • Please complete your Course Selection Sheets first.

## 1) Registrant Information

Name \_\_\_\_\_ Circle: \_\_\_\_\_ Male/Female \_\_\_\_\_ Discipline \_\_\_\_\_

Name as you prefer on your name badge \_\_\_\_\_

Workplace Name (needed only if we are mailing to your workplace address) \_\_\_\_\_

Mailing Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_ Country \_\_\_\_\_

Primary Phone ( ) \_\_\_\_\_ Work Phone ( ) \_\_\_\_\_ Fax ( ) \_\_\_\_\_

Email Address \_\_\_\_\_ Emergency Contact/Phone ( ) \_\_\_\_\_

Do you require handicap assistance to participate in this event? Yes No Type of assistance: \_\_\_\_\_

How did you hear about us? ATRI Website ATRI Mailing ATRI eList/Bulletin Board Word-of-Mouth

Internet Search Engine: \_\_\_\_\_ Advertisement - Publication Name: \_\_\_\_\_

## 2) Roommate Listing

Check the box at left to be added to the Roommate List.

We will email you a list of others who would like to share a room. We are not responsible for finding you a roommate or for making your hotel reservation. We supply the names, you make the choice. We encourage you to make reservations even if you have requested a roommate.

Circle: Male OR Female

## 3) Conference Registration

**Complete Conference Registration Includes:**

- Choice of ALL Symposium courses
- All Meals - Continental Breakfast, Lunch and Dinner from Tuesday through Thursday, Breakfast and Lunch on Friday (Please see Meal Information below)
- Your Chance to Win a Free Registration to any ATRI Conference in 2018 or 2019
- Access to all Symposium Course Handouts
- Nationally Recognized Continuing Education Hours
- Admission to Exhibit Hall/Gathering Place with Prizes given regularly
- Wednesday Awards Celebration Dinner
- Friday Networking Breakfast

**Register by  
Mother's Day -  
May 13th and Save!**

### Become a Member of ATRI for just \$45 and Save!

Covers Membership from January 1 - December 31, 2018 (Dues are \$45 whenever you join)

#### "Members Rule!" Benefits:

Conference Discounts	Research Updates
Aqua MarketPlace Discounts	Exclusive Aquatic Therapy Articles
ATRI Member News	Specials on Products Throughout the Year

**Group Discounts Available for Complete Conference Registrants!**  
Groups of 3 or more can call ATRI at 866-462-2874 for possible Group Discounts.

**Meal Information:** Meals are basic – nothing fancy and no special requests – but they'll be quick and free. There is no discount for not eating them. Please notify us of food allergies. It helps the hotel to know ahead of time. Please do NOT contact the hotel directly about meals. Thank you.

# 2018 Symposium Registration Form (cont'd)

Your Name \_\_\_\_\_

## 4) Complete Course Selection Sheet

(Pages 12-15) **Registrations can not be Processed without completed Course Selection Sheets.**

## 5) Membership - \$45 (Optional)

See Benefits List at left.

## 6) ATRI Certification Exam (Separate Fee)

The ATRI Certification Exam is optional.

\_\_\_\_\_ \$255 - Friday, June 22 - 1:15 pm  
(You have 3 hours to complete the exam.)

## 7) Registration Fees

**Complete Conference Registration** (Includes All Symposium Courses Tuesday through Friday, All Meals Tuesday through Thursday, Breakfast and Lunch on Friday)

	ATRI Member	Non-Member
Paid <b>BY</b> Early Bird Discount Deadline of <b>Mother's Day (May 13)</b> .....	\$925	\$995
Paid <b>AFTER</b> Early Bird Discount Deadline .....	\$975	\$1055
Reduced From.....	\$1225	\$1325

OR

**Pay-By-Day Registration** (includes three meals) ..... \$395/day ..... \$395/day

### Pay-Per-Course Registration

If you are unavailable for the full Symposium, there is a limited amount of space available on a Pay-Per-Course basis. Pay-Per-Course registrations are processed AFTER the Early Bird deadline of May 13th. Call ATRI for prices and to register - 866-462-2874. No online registration available for Pay-Per-Course. You must call ATRI to register for Pay-Per-Course.

**Register by Mother's Day -  
May 13th and Save!**

### Figure Your Fees...(Circle your fees/Enter Total at bottom)

\$ 45 ATRI Membership (Optional) Covers membership from Jan. 1-Dec. 31, 2018, no matter when you sign up

\$ \_\_\_\_\_ Registration Fee - Enter Appropriate Fee - See #7 Registration Fees Above

\$ 255 ATRI On-Site Certification Exam Fee (Optional)

\$ \_\_\_\_\_ Total

**8) Payment** (Payable to ATRI) - Your Registration must be paid in full in order to process your Course Selection. You will not receive any Confirmation Materials until your Registration is paid in full. Thank you.

We do not accept Purchase Orders.

Check or Money Order # \_\_\_\_\_

Credit Card (circle one): MasterCard    VISA    Discover    American Express

Credit Card Number: \_\_\_\_\_

Expiration Date: \_\_\_\_\_ 3 or 4-Digit Code on Card: \_\_\_\_\_

Name as it appears on Card (Print): \_\_\_\_\_

Billing Address of Cardholder:

Street Address \_\_\_\_\_

City, State, Zip, Country \_\_\_\_\_

Cardholder's Signature: \_\_\_\_\_

### Cancellation Policy:

Cancellations must be sent in writing. Your registration fee may be transferred to another ATRI conference or you may transfer your registration to another person. A \$50 fee paid by check or credit card is required for all transfers. Transfers are one-time only and must be used within one year of the date of the conference you are transferring from. If you are cancelling completely, you must cancel 30 days prior to the conference. Your registration fee, minus a \$75 processing fee, will be refunded after the conference. There are no refunds for no-shows or for those not meeting the 30-day deadline.

# Course Selection Sheet Directions

<b>KEY</b> L = Lecture LW = Land Workshop P = Pool (to be in the water) D = Deck (to sit on deck)
---

- Sign up for as many courses as you wish by circling the appropriate letter (see key at right).
- **PLEASE BE SURE COURSE TIMES DO NOT OVERLAP.**
- The courses are described at [www.atri.org](http://www.atri.org). Click on **June 19-22 - Sanibel, FL**. You will see the schedule of courses listed. Click on any underlined course for a complete description. More information is also available on **pages 4-7** of this brochure.
- **Courses are filled in the order in which Registrations are received - you must include:**
  - **Completed Registration Form (pages 10-11)**
  - **Completed Course Selection Sheets (pages 13-15)**
  - **Full Payment**
- Courses are grouped according to time periods for each day. Many course times overlap. Please make your 1st and 2nd choices with that in mind.
- Begin by filling in your 1st choices for each day, then your second choices. We hope to be able to fill your 1st choices, but you should also make 2nd choices. If you do not make a 2nd choice and your 1st choice is full, you will not be registered for any course during that time frame. (Note: 2nd choice selection not available online).
- If there is a course that you really want, your first choice might be pool space for that course and your second choice might be deck space for that same course, giving you the best chance of getting into the course.
- **SEE SAMPLE COURSE SELECTION SHEET BELOW.**  
Please read the times of the courses carefully.  
You will not circle a choice in every time block because course times overlap.  
(E.g.) If you choose a course that runs for a four-hour time block as a first choice, do not choose courses in shorter time frames as first choices that would overlap the first course selected. If you do not think you will be attending during certain time frames, **please indicate NA** next to that time frame so we understand you would prefer to pass it up.

## FOUR WAYS TO REGISTER...

**For Detailed Course Descriptions, please go to [www.atri.org](http://www.atri.org)**

- Register **ONLINE** at [www.atri.org](http://www.atri.org)
- **FAX** your Course Selection Sheets with your Registration Form and Payment to 561-828-8150.
- **MAIL** your Course Selection Sheets, Registration Form, and Payment to: **ATRI, 6602 Chestnut Circle, Naples, FL 34109.**
- Have your credit card ready and Course Selection Sheets completed, and **CALL** toll free 866-go2-ATRI (866-462-2874).

# Sample Course Selection Sheet

Course Title	Time	Course #	1st Choice	2nd Choice
Sample Workshop	8:00 am -- 12:00 pm	SAMPLE	<input checked="" type="radio"/> or D	P or D
Sample Workshop	8:00 am -- 12:00 pm	SAMPLE	P or D	P or D
Sample Workshop	8:00 am -- 12:00 pm	SAMPLE	P or D	P or D
Sample Workshop	8:00 am -- 9:30 am	SAMPLE	P or D	<input checked="" type="radio"/> or D
Sample Workshop	8:00 am -- 9:30 am	SAMPLE	P or D	P or D
Sample Workshop	10:00 am -- 12:00 pm	SAMPLE	P or D	P or D
Sample Workshop	10:00 am -- 12:00 pm	SAMPLE	P or D	<input checked="" type="radio"/> or D
Sample Lecture	10:00 am -- 12:00 pm	SAMPLE	L	L
Sample Workshop	1:30 pm -- 5:30 pm	SAMPLE	<input checked="" type="radio"/> or D	P or D
Sample Workshop	1:30 pm -- 5:30 pm	SAMPLE	P or D	P or D
Sample Workshop	1:30 pm -- 5:30 pm	SAMPLE	P or D	P or D

**SAMPLE Course Selection Sheet**

**Discounted Pool Equipment!!!  
Pool Equipment Used at this Event will be Sold at a Discount!  
Reserve Yours Early and Pick It Up in the Exhibit Hall on Friday from 11:30 am-1:00 pm!**

**Registrant's Name** \_\_\_\_\_

Course Title	Time	Course#	1st Choice	2nd Choice
--------------	------	---------	------------	------------

**Tuesday Full-Day Courses • June 19 • 6-Hour and 7.5-Hour Courses**

Intro. to Aquatic Therapy and Rehab (7.5 hrs) (Sova) 7:30 am -- 4:15 pm	1200	P or D	P or D
AquaStretch™ Certificate (6 hrs) (Jasinskas/Mitchell) 7:45 am -- 4:00 pm	2627	P or D	P or D
Ai Chi Innovations (6 hrs) (Konno, etc) 7:45 am -- 4:15 pm	2628	P or D	P or D
Bad Ragaz Certificate (6 hrs) (Vargas) 7:45 am -- 4:15 pm	3605	P or D	P or D

*Begin by selecting your 1st choice of courses for each day, then go back and make your 2nd choices*

**Tuesday Morning Courses • June 19 • 3-Hour and 3.5-Hour Courses**

Aging Mini-Track (3.5 hrs) (Netto/Pringle Burnell) 7:45 am -- 11:15 am	1213	LW	LW
Pediatric H2O (3 hrs) (Meno) 7:45 am -- 11:00 am	2202	P or D	P or D
BioExercise for Hips and Knees (3.5 hrs) (Lemahieu) 7:45 am -- 11:45 am	2301	P or D	P or D

**3-Hour to 3.5-Hour Courses**

**Tuesday Afternoon Courses • June 19 • 3-Hour Courses**

Manual Mini-Track (Lewen/Kelsey) 12:45 pm -- 4:00 pm	1625	LW	LW
Athletic Mini-Track (Wykle/Berry) 12:45 pm -- 4:00 pm	2239	LW	LW
Strength through Rotation (Haggerty) 12:45 pm -- 4:00 pm	3205	P or D	P or D
Aquatic Mobilizations (Meno) 12:45 pm -- 4:15 pm	3207	P or D	P or D

**3-Hour Courses**

*Hours listed are the number of CEUs you will earn for the course. In some cases, the actual course times listed are longer because they include time to change from classroom to pool.*

*READ times to avoid overlap in your schedule!*

**Tuesday Afternoon Courses • June 19 • 1-Hour Courses**

Suspension Exercises with NZ Cordz (Pringle Burnell) 4:30 pm -- 5:30 pm	1618	P or D	P or D
Keltic Hands (Kelsey) 4:30 pm -- 5:30 pm	1628	P or D	P or D
Functional Fitness/Rehab with Acquapole (Anaya) 4:30 pm -- 5:30 pm	1631	P or D	P or D
Posture and Core for the Aging Spine (Haggerty) 4:30 pm -- 5:30 pm	2215	LW	LW

**1-Hour Courses**



**Register by Mother's Day - May 13th and Save!**

Registrant's Name \_\_\_\_\_

Course Title	Time	Course#	1st Choice	2nd Choice
--------------	------	---------	------------	------------

**Wednesday Morning Courses • June 20 • 6-Hour Courses**

Myofascial Certificate (Keane/Meno/Nair)	7:45 am -- 5:00 pm	3609	P or D	P or D
Burdenko Method Certificate (Scalone)	7:45 am -- 4:45 pm	3610	P or D	P or D

6-Hour Courses

**Wednesday Morning Courses • June 20 • 3-Hour Courses**

Brain Injury Techniques (Danks)	7:45 am -- 11:00 am	1506	P or D	P or D
Evidence-Based Practice (Berry)	7:45 am -- 11:00 am	2005	L	L
Pain Mini-Track (Jasinskas/Mitchell)	7:45 am -- 11:00 am	2243	LW	LW
Trunk-Centered Extremity Movement (Haggerty)	7:45 am -- 11:00 am	3312	P or D	P or D
Latest Concepts for Hips (Huey)	7:45 am -- 11:15 am	3313	P or D	P or D
Ai Chi ROM and Ai Chi Ne (Sova/Wykle)	7:45 am -- 11:15 am	3607	P or D	P or D

3-Hour Courses

*READ times to avoid overlap in your schedule!*

**Wednesday Afternoon Courses • June 20 • 3-Hour Courses**

Research Forum (Berry/Broach)	1:30 pm -- 4:45 pm	1022	L	L
Precision Posture (Toogood)	1:30 pm -- 4:45 pm	1219	P or D	P or D
Improving SCI High Quad Function (Wilson)	1:30 pm -- 4:45 pm	1509	P or D	P or D
Ai Chi Evolutions (Konno, etc)	1:30 pm -- 5:00 pm	2638	P or D	P or D
Pain Mini-Track (Davis/LaBarre)	1:30 pm -- 4:45 pm	3201	LW	LW
Corrective Exercises for Shoulders (Mitchell)	1:30 pm -- 5:00 pm	3611	P or D	P or D
<b>Awards Celebration Dinner - 6:00 pm - Please circle "Yes" if you plan to attend...</b>			<b>Yes</b>	

3-Hour Courses

*Hours listed are the number of CEUs you will earn for the course. In some cases, the actual course times listed are longer because they include time to change from classroom to pool.*

**“Great course and great instruction. I feel like I can go home and apply this to my patients on Monday.” – Monica Napier, PTA**

**Interested in the ATRI Certification Exam? See Page 7 for Details...Register on Page 11**

**Thursday Full-Day Courses • June 21 • 5.5-Hour and 6-Hour Courses**

Pilates Certificate (5.5 hours) (Pringle Burnell)	7:30 am -- 3:45 pm	1620	P or D	P or D
Geriatric Certificate (5.5 hrs) (Wykle/Berry/Toogood)	7:30 am -- 4:00 pm	3209	P or D	P or D
Business Certificate (6 hours) (Nelsons)	7:45 am -- 4:00 pm	3800	L	L

5.5-Hour to 6-Hour Courses

**Thursday Morning Courses • June 21 • 3-Hour Courses**

Knee, Hip, Walk (Ohshio)	7:30 am -- 10:45 am	1313	P or D	P or D
Sensory Stimulation (Hames-Frazier/Sykorova Pritz)	7:30 am -- 10:45 am	1503	P or D	P or D
Techniques Mini-Track (Netto/Lemahieu)	7:45 am -- 10:45 am	2222	LW	LW
Diagnoses/Treatment of Complex Conditions (Davis)	7:30 am -- 11:00 am	3002	P or D	P or D
Facilitating Ideal Movement (Scalone)	7:30 am -- 11:00 am	3314	P or D	P or D

3-Hour Courses

Registrant's Name \_\_\_\_\_

Course Title	Time	Course#	1st Choice	2nd Choice
<b>Thursday Afternoon Courses • June 21 • 2.5-Hour Courses</b>				
Kids Ortho (Lemahieu)	1:00 pm -- 4:00 pm	1218	P or D	P or D
Techniques Mini-Track (Nair/Sykorova Pritz)	1:00 pm -- 4:00 pm	1626	LW	LW
Neuro Strategies (Wilson)	1:00 pm -- 3:45 pm	1507	P or D	P or D
Post-Stroke Rehabilitation and Recovery (LaBarre)	1:00 pm -- 3:45 pm	2501	P or D	P or D
Latest Concepts for Knees (Huey)	1:00 pm -- 4:00 pm	3315	P or D	P or D

**READ times to avoid overlap in your schedule!**

**2.5-Hour Courses**

**Thursday Afternoon Courses • June 21 • 1-Hour Courses**

Healing Exercises with the Nekdoodle (Lewen)	4:30 pm -- 5:30 pm	1211	P or D	P or D
Endurance Training on the Hydorrider (Lemahieu)	4:30 pm -- 5:30 pm	2214	P or D	P or D
Hypermobility (Keane)	4:30 pm -- 5:30 pm	2241	LW	LW

**1-Hour Courses**

**Hours listed are the number of CEUs you will earn for the course. In some cases, the actual course times listed are longer because they include time to change from classroom to pool.**

**Friday Morning Courses • June 22 • 1-Hour Courses**

Strength/Conditioning with Aqua Ohm (Pluim Mentz)	7:00 am -- 8:00 am	1314	P or D	P or D
ATRI Certification QuickPrep (Sova)	7:00 am -- 8:00 am	1809	L	L
Aquatic Walking/Running (Berry)	7:00 am -- 8:00 am	2245	P or D	P or D
AquaLogix-Ortho/Neuro Cross-Training (Wykle)	7:00 am -- 8:00 am	2336	P or D	P or D

**1-Hour Courses**

**Friday Morning Courses • June 22 • 3-Hour Courses**

Move, Train, Play (Toogood)	8:30 am -- 12:00 pm	1315	P or D	P or D
Unpredictable Command Technique (Lewen)	8:30 am -- 11:45 am	1627	P or D	P or D
Chronic Issues Mini-Track (Nair/Berry)	8:30 am -- 11:30 pm	2246	LW	LW
Core Techniques for Spinal Post-Rehab (Jasinskas)	8:30 am -- 12:00 pm	2320	P or D	P or D
Neuro Cross-Training for Ortho Patients (Scalone)	8:30 am -- 11:45 am	3316	P or D	P or D
Spasticity and Contractures (Meno)	8:30 am -- 11:45 am	3612	P or D	P or D
Loaded Movement Training (Mitchell)	8:30 am -- 12:00 pm	3613	P or D	P or D

**3-Hour Courses**





**Aquatic Therapy & Rehab Institute**  
6602 Chestnut Circle  
Naples, FL 34109

**Register by Mother's Day and Save!  
Become a Member of ATRI and Save!**

PRESORTED  
STANDARD  
U.S. POSTAGE  
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PERMIT #1  
MANASOTA FL

***International Aquatic Therapy  
Symposium***

***June 19-22, 2018  
Sanibel, Florida, USA***

**Aquatic Therapy & Rehab Institute  
Toll Free: 866-go2-ATRI (866-462-2874)  
Email: [atri@atri.org](mailto:atri@atri.org) • Web: [www.atri.org](http://www.atri.org)**

***The Symposium Offers You:***

- New techniques and protocols for success!
- Speakers, who are specifically chosen for their expertise in aquatic therapy, as well as their teaching, facilitating and mentoring abilities!
- Learn creative strategies and get the confidence to use them to expand and evolve this year!

**ATRI...Where Education is Never Dry!**



***Your Leading Source of Multidisciplinary Aquatic Therapy Education***