



## Confirmation for Chicago, IL National Aquatic Therapy Conference November 7-10, 2019

**Thank You** for registering for our National Aquatic Therapy Conference! We look forward to having you join us for this leading multidisciplinary event. Alumni attendees agree it is a great opportunity to network and learn! Following are important instructions for all attendees. Please read them thoroughly and let us know if there is anything else we can do to help you prepare for the National Aquatic Therapy Conference.

### **What's included in this "epacket"?**

- Your National Aquatic Therapy Conference **Itinerary** is attached. It lists the courses you are registered for. Please take a moment to read it and notify us of anything that looks different than you registered for. You may notice "DECK" next to some of your courses. This means pool space is full for that course; however you may still participate in the course observing/taking notes from the pool deck. Contact us immediately to make any changes or additions to your course schedule.
- Please keep in mind that this schedule is subject to change. Substitute speakers with alternate topics will be used in the event of a scheduled speaker's cancellation.
- Your **financial statement** is also attached.
- "**Hotel/Area Information**" pages follow with additional information about the hotel, airport shuttle services and driving directions.
- "**Continuing Education Credits/Units**" Information on CEC/CEU Record Sheet and approval.
- "**Cancellations**" ATRI cancellation policy.
- "**What to Take to the National Aquatic Therapy Conference**" check list of things to bring follows.
- "**What to Take to your Courses**" additional items you'll need to bring for specific courses. Please check to see if any of the courses you registered for are on this list at the end of this confirmation letter.

**Handouts:** Approximately 2 weeks out from the conference, ATRI will email you a link to the handouts for conference courses. If you would like to have a hard copy of the handouts for the courses you'll be taking, you need to print them and take them with you to the conference. Or you can download the handouts to have them available on your computer, tablet, phone, etc. More details will come with the handout email from Angie Fischer ([afischer@atri.org](mailto:afischer@atri.org)).

There will be an Informal **Meet, Greet & Eat** on Thursday from 5:00 – 6:30 pm for all attendees in Rosemont 2 meeting room. Please plan to join us!

The **Complete Conference Fee** includes Saturday's luncheon where you'll hear from ATRI President Ruth Sova. If you signed up for this luncheon, please check your itinerary to make sure it is listed there. A ticket for the luncheon is required, and will be in your on-site Registrant Envelope. Also, please contact us immediately to make any changes or additions to your course schedule.

If you chose the **Pay-Per-Course** option and wish to include the luncheon on Saturday, we will happily change your registration to include this for an additional fee of \$49. Please contact us immediately to make any changes or additions.

The Saturday luncheon is a plated chicken meal. If you are vegetarian or have any food allergies, please notify us in advance so we can make arrangements with the hotel to try to accommodate your needs.

**Where do you check in when you arrive at the National Aquatic Therapy Conference?**

The first stop for all overnight guests will be the hotel check-in. Next, all National Aquatic Therapy Conference attendees should come to our Registration Office located in Rosemont 1 meeting room on the third floor at the Westin O'Hare. Plan to stop at least 30 minutes before your first course. You will receive your Registrant Envelope with your confirmed schedule when you check-in at the National Aquatic Therapy Conference.

You may pick up your National Aquatic Therapy Conference Registrant Envelope with your course information during the following hours:

**Wednesday, November 6 - 6:00 pm - 8:00 pm**  
**Thursday, November 7 - 7:00 am – 6:30 pm**  
**Friday, November 8 - 7:30 am – 5:30 pm**  
**Saturday, November 9 - 7:30 am - 6:00 pm (closed for lunch)**

If you have any questions, please contact the ATRI office. Anyone in our office will be happy to assist you! Our fax, e-mail and voicemail are available 24 hours a day for your convenience.

We look forward to seeing you at the National Aquatic Therapy Conference!

Warmest Regards,

Monica Gunn  
Conference Special Projects Coordinator

P.S. **Make your hotel reservations early** to take advantage of the special rates and room availability! Hotel reservation information is included on page five of your Registration Brochure and additional information is enclosed. You can make your reservations by calling the Westin O'Hare at 888-627-8517 or 800-937-8461 (be sure to mention that you are part of the AQUATIC group) or [Click Here to Make Your Hotel Reservation.](#)

## **Hotel / Area Information**

### **OVERNIGHT ACCOMMODATIONS**

The Westin O'Hare  
6100 N River Road  
Rosemont IL 60018  
www.westinohare.com

**Reservations: (888) 627-8517** or (800) 937-8461, Guest Fax Front Office: (847) 698-3993, Online Reservations: [Click Here to Make Your Hotel Reservation](#)

**HOTEL RATES:** The ATRI National Aquatic Therapy Conference Rate is \$149 single/double (plus applicable tax). These rates are good for 3 days before and 3 days after the National Aquatic Therapy Conference on a space and rate available basis. **Be sure to mention that you are part of the AQUATIC group when making your reservation.** Free parking is included for overnight guests booked in our ATRI block of rooms. A reduced daily rate of \$5.00 per day is available for attendees driving in for the day.

When you book your overnight room at the ATRI host hotel, the hotel is more willing to close the pool to all other hotel guests. This allows us to offer hands-on pool education without anyone else in the pool. Staying at ATRI host hotels offers great networking opportunities to meet your colleagues and make new friends. You can't beat the convenience to run between your overnight room, the pool and lecture room when staying at the host hotel.

**RESERVATION DEADLINE** The cut-off date for reservations is **October 25, 2019 at 5pm.**

**CHECK-IN/CHECK-OUT** Check in time is **3:00pm** on the day of arrival; Check out time is **12:00pm** but will be extended until **2:00 pm** (based on availability) on Saturday for ATRI guests.

**EARLY DEPARTURE:** Upon check-in, guests will be asked to verify their departure date. At that time, scheduled departure dates can be altered. Changes made thereafter shall be subject to an administrative fee (currently this fee is \$75.00 + tax). This fee will be charged to the individual's credit card. Departure extensions are based upon availability.

**LATE DEPARTURE:** Check out time is 12:00 pm on the day of departure. A late departure will be extended to Aquatic Therapy & Rehab Institute, Inc. attendees of 2:00 pm on Saturday, November 9, 2019 (based on availability), our main day of departure. When you check-in, please let the hotel front desk know if you intend to take advantage of this late checkout. In the event you would like to stay in your room after that time, a late departure fee will be assessed to the individual's credit card (currently this fee is \$75.00 + tax).

**ACCOMMODATIONS** The Westin O'Hare is located just 1.5 miles from O'Hare International Airport. The Westin O'Hare offers 525 luxurious guest rooms (over 400sq.ft. each) and 18 suites with **Heavenly Beds and Heavenly Showers.** Amenities include a coffee maker (featuring Starbucks coffee), mini-fridge, iron & ironing board, hairdryer, terry robe, 48" television, in-room safe, expanded work area and guest voicemail. Complimentary USA Today newspapers are available in the lobby. The Westin is a non-smoking hotel.

**THE WESTIN'S HEALTH CLUB** provides a large indoor pool, Jacuzzi and a cardiovascular room consisting of treadmills, bikes, TRX Station and rowing machines. A separate weight room and a sundeck are also available.

**PARKING** is **free** for overnight guests whose reservation is in our ATRI room block; a \$29 savings. If you are driving in and attending our conference on a daily basis, you will receive a reduced daily rate of \$5/day, a \$24 savings! Please ask for your discounted parking pass (if day guest) **at our ATRI Registration Office when you arrive.**

Aquatic Therapy & Rehab Institute, Inc.  
6602 Chestnut Circle • Naples, FL 34109  
T o l l Free Ph: 866-462-2874 • Fax: 561-828-8150  
Website: [www.atri.org](http://www.atri.org) • Email: [atri@atri.org](mailto:atri@atri.org)

## **DINING & ENTERTAINMENT**

**Starbucks** – Open 6:00am – 6:00pm daily.

**The Benchmark Grill** – Serving breakfast, lunch, and dinner. Open 6:00am – 11:00pm. Specialties include flame-broiled steaks and grilled fresh seafood. The Benchmark also has a Gastro Pub with plenty of craft draft beers and cocktails

**Room Service** – Room Service is available 24 hours a day, every day. Please note there is a limited menu from 11pm – 6am.

**Service Express** – This is “one stop shopping” for all hotel services, including room service, luggage assistance, laundry, valet service and more!

## **AIRPORT TRANSPORTATION**

### **Shuttle To and From O’Hare International Airport**

4:30am – 1:00am every 15 minutes on the hour

1am – 4:30am, by request

*Shuttle departs the hotel every 15 minutes on the hour. Arrival time at the airport may vary.*

### **FROM O’HARE AIRPORT – via Westin Shuttle**

#### **Domestic Flight Arrivals – Terminals 1, 2 & 3 ONLY**

- Follow the sign to the Ground Transport/ Baggage Claim.
- From the Ground Transport/ Baggage Claim Area- Follow the signs or red arrows on the floors to the Bus/ Shuttle Center.
- Proceed through the underground pedestrian walkway area to the Elevator 3 Center or Elevator 4 Center. Take elevator to 1st level- In the elevator, press the Bus/Shuttle button. Continue to the Bus/Shuttle Center area, door entrance will be marked.
- Please note: The Bus/Shuttle Center is located inside the building and not in the parking lot.
- Once inside the Bus/Shuttle Center area proceed to door #3 and look for the Westin O’Hare shuttle. After 12 midnight, please contact the hotel at 847-698-6000 to request a pick-up.

### **FROM O’HARE AIRPORT – via Westin Shuttle**

#### **International Flight Arrivals – Terminals 5 ONLY**

- After claiming your luggage, please dial 1-847-698-6000 for complimentary pick-up. Please advise the hotel agent of your location and you will be provided specific instructions to meet the shuttle.

## **DRIVING DIRECTIONS**

### **FROM DOWNTOWN**

Take the Kennedy Expressway (I-90) West to the O'Hare turn-off (I90 West). Exit at River Road. Turn left onto River Road. The hotel is located 2 blocks ahead to the left.

### **FROM THE WEST**

Take the Northwest Tollway (I – 90) East to the O'Hare exit (190 West). Go through the tollbooth, and then exit at Mannheim Road North. Turn right on Higgins Road. Go 1 mile East on Higgins and then turn right on Des Plaines River Road. The hotel will be on your right.

### **FROM THE NORTH**

Tri-State (294) South, to 190 West to O'Hare. Exit Mannheim Road South, pass over expressway and immediately enter expressway at the Chicago 190 East sign. Exit River Road North, go 2 blocks ahead. The hotel is located on the left.

### **FROM THE SOUTH**

Tri-State (294) North to 190 West and stay in far left lanes for toll booth. At the stoplight turn left onto River Road. The hotel is located on the left ahead 1 block.

### **FROM O'HARE AIRPORT**

The Westin offers complimentary transportation to and from O'Hare International Airport located just 5 miles from the hotel. If driving, take I90 East. Exit at River Road North. The hotel is located 2 blocks ahead on the left.

## **Continuing Education Credits - EARN WHILE YOU LEARN!**

Numerous therapy and aquatics-related organizations accept our courses and award credit as appropriate – please see [www.atri.org/credentials](http://www.atri.org/credentials) for details. A CEC/CEU Record Sheet, which serves as your Certificate of Attendance is provided for you at the conference. You may use this Record Sheet to obtain credit. If you need additional supporting documentation, please email Angie Fischer at [afischer@atri.org](mailto:afischer@atri.org).

The following organizations routinely approve ATRI educational events for continuing education hours:

- American Kinesiotherapy Association (AKTA)
- American Therapeutic Recreation Association (ATRA)
- Aquatic Exercise Association, Inc. (AEA)
- Florida Board of Massage Therapy
- Florida Board of Occupational Therapy
- Florida Physical Therapy Association (for courses in Florida)
- Physical Therapy Board of California
- Illinois Department of Financial and Professional Regulation
- Texas Board of Physical Therapy Examiners (for courses in Texas)

If you are in need of PT or OT CEU approval, please check with your state PT or OT organization to determine their requirements. Every state is different and ATRI does not automatically obtain PT or OT continuing education pre-approval for all states because the cost is prohibitive.

Follow these steps if you are in need of PT or OT CEU approval:

1. Check with your state PT or OT organization well in ADVANCE of the conference to determine their requirements for your continuing education approval. (ATRI courses are regularly approved by several state organizations – please see [www.atri.org/credentials](http://www.atri.org/credentials)).
2. If your state allows you to submit courses for approval on your own, ATRI will supply any information you may need such as course descriptions, objectives, speaker bios, etc. ATRI courses have always been accepted when submitted by individuals for state approval.
3. If your state requires that ATRI submit courses for approval, please contact us well in advance of the conference so we can submit the required application in the time frame determined by your state. Most state organizations require fees to be paid with course submissions. ATRI will share these costs with you. (Please note: Some states charge CEU sponsors such as ATRI excessive amounts for CEU approval. Once we know your state's requirements, we can determine whether or not it is feasible to move forward with the application process.)
4. Please email Angie Fischer with any questions you may have – [afischer@atri.org](mailto:afischer@atri.org).

## **Cancellation Policy**

All registration cancellations must be sent in **writing** via email, mail or fax to ATRI. Your registration fee may be transferred to another upcoming ATRI event or you may transfer your registration to another person. **All transfers are one time only and will incur a \$50 transfer fee to be paid by check or credit card.** If you cancel completely prior to the event, you must do so 30 days in advance. Your registration fee, minus a **\$75** processing fee, will then be refunded within 30 days after the event. **Refunds will not be given to no-shows or to anyone who fails to meet the 30-day deadline.**

## What do I need to take to the National Aquatic Therapy Conference?

- Dress is casual throughout the National Aquatic Therapy Conference. Plan to dress in layers, as classrooms can feel cool after being in the pool. Please take a cover-up or other appropriate clothes to wear over swimwear in hotel lobby, meetings rooms and general public areas. Pool sessions will be in the indoor pool at the hotel.
- Depending on which courses you attend each day, you may be in and out of the pool numerous times. Be sure to take **swimsuits** and **towels**. The hotel will have some towels available at the pool.
- Take **sandals** or slip-ons to protect your feet at the pool. You may wish to take **aqua shoes** to wear in the pool to improve your footing and support.
- For some courses you may be in the pool for more than one hour. You may bring a **wet suit** or **other gear** to keep you warm; however the pool should be heated to approximately a therapeutic 90F.
- Be sure to take your **credit card or cash** to take advantage of bargain prices at our Aqua Marketplace. You may also purchase demo pool equipment that will be available at prices that are unbeatable.
- Please make use of the hotel **safety deposit boxes** for your valuables or **take them with you** when you leave your hotel room. Neither the hotel nor ATRI is responsible for the loss of any items.
- Please note that children and family members are not permitted in classrooms or pool area and all cell phones must be silenced or turned off.

# What to Take to Your Courses – Chicago, IL

November 7-10, 2019

**Participants in the following courses should take these items with them:**

## **1002 – Exercise is Medicine**

Mat and Towel for the classroom (hotel will provide some towels, please don't remove towels from your overnight room)

## **1620 – Aqua Pilates Certificate**

Mat or Towel for the classroom (hotel will provide some towels, please don't remove towels from your overnight room)

Flex Band

## **1635 – Ai Chi Unravel**

Mat or Towel for the classroom (hotel will provide some towels, please don't remove towels from your overnight room)

## **2009 – Cancer and Exercise**

Mat and Towel for the classroom (hotel will provide some towels, please don't remove towels from your overnight room)

## **2241 – Hypermobility**

Pool shoes, pool legging, long sleeved t-shirt or rash vest if owned. Not essential but will be more authentic if used.

## **2339 – Evidence-Based Stretching**

Mat or Towel for the classroom (hotel will provide some towels, please don't remove towels from your overnight room)