

# ***1020 – Reframing Treatment Through a Functional Lens...Analyze and Strategize***

**Beginner / Land Workshop**

**Sanibel, FL / Wednesday, June 24, 2020 – 7:45-11:00 am – 3.0 credit hours**

(Classroom: 7:45-11:00 am)

**Faculty: Laurie Denomme, B.Kinesiology**

**Jeanmarie Scordino, MEd**

## **COURSE DESCRIPTION:**

Look at treatment through a functional lens to develop a plan that works. This session gives you the tools. Simple. Easy. Step by step. Start by learning how to identify patient/client sphere of function. Learn how this analysis reveals a personal movement prescription. Explore how to use proven strategies that tap into the neurological system to improve movement quality, efficiency, and resilience. Results that last with a home exercise program to get excited about.

## **COURSE OBJECTIVES:**

- 1) Determine how to use sphere of function to create a successful plan of care.
- 2) Plan, modify and progress movements using a proven 3-step plan.
- 3) Tap into the neurological system for movement quality, efficiency and resilience.
- 4) Apply concepts to ortho and neuro diagnoses including MS and Parkinson's.

**FACULTY: Laurie Denomme, B. Kinesiology**, Kinesiologist and Fellow of Applied Functional Science through the Gray Institute, is an international fitness educator and founder of WECOACH, whose expertise has been called upon by top consumer magazines including Self and Weight Watchers. She is the recipient of the 2013 AEA Global Aquatic Fitness Professional Award and 2014 ATRI Tsunami Spirit Award.

**Jeanmarie Scordino, MEd**, has over 25 years of experience as an exercise physiologist, personal trainer, and sport conditioning coach. A Fellow of Applied Functional Science™, she has had the honor of being a multi-year facilitator for the Gray Institute Fellowship program. She is a certified exercise physiologist through both the American College of Sports Medicine and the National Sports & Conditioning Association. Jeanmarie currently works at BayCare Health System, where she is actively involved in wellness education and promoting the values of Applied Functional Science™ for the hospital system and surrounding community.