

1807 – Using Community Pools

Beginner / Lecture

Sanibel, FL / Tuesday, June 23, 2020 – 4:30-5:30 pm – 1.0 credit hour

(Classroom: 4:30-5:30 pm)

Faculty: Mary LaBarre, PT, DPT, ATRIC

COURSE DESCRIPTION: Working with community pools can be very rewarding. However, many issues can arise both with starting up aquatic programming and with sustaining program options. This course will discuss aquatic opportunities to explore in your community and topics to consider/address for long term success.

COURSE OBJECTIVES:

- 1) Explore opportunities in the community for partnership to help develop community aquatic programs.
- 2) Determine topics to address when starting up and maintaining aquatic programming in community pools.

FACULTY: **Mary LaBarre, PT, DPT, ATRIC**, is a full-time physical therapist, specializing in aquatic-based rehab at YMCA Healthy Living Center in the Des Moines, Iowa metro area. She works with a variety of patient populations including cardiopulmonary, orthopedic, neurological, general debility, sports medicine and chronic pain diagnoses. Mary is also a certified clinical instructor and has participated in Diabetes Education programming. She has completed the ATRI Lumbar Stabilization and AquaStretch Specialty Certificate Programs.