

2222 – Pediatric Handling

Intermediate / Pool Workshop

Sanibel, FL / Thursday, June 25, 2020 – 7:30-10:45 am – 3.0 credit hours

(Classroom: 7:30-9:00 am / Pool: 9:15-10:45 am)

Faculty: Julia Meno, CTRS, CMT, ATRIC

COURSE DESCRIPTION:

Correct handling technique is essential to the water adjustment process for children. The practitioner will learn and practice handling positions for children in the water that will either inhibit or facilitate postural musculature. Learn how to use various surfaces, positions and equipment to elicit therapeutic responses for strength and motor learning.

COURSE OBJECTIVES:

- 1) Explore pediatric aquatic handling skills for safety, motor learning, and accessibility.
- 2) Examine how to handle children with altered body shapes and densities in the water.
- 3) Demonstrate three different positions and handling progressions to assist a child with learning control around their transverse axis.
- 4) Demonstrate three ways to incorporate floatation equipment to facilitate a neuromuscular response.

FACULTY: **Julia Meno, CTRS, CMT, ATRIC**, is the founder/owner of Therapeutic Aquatics, Inc. and provides individual Myofascial Aquatic Body Work, AquaStretch™ and adaptive aquatic classes. She is the author and publisher of *The Bad Ragaz Ring Method Visual Instructional Manual and Video*; and co-producer of the *PNF in The Pool* and *Myofascial Aquatic Body Work* DVDs. She received the 2014 Aquatic Therapy Professional Award and the 2002 ATRI Tsunami Spirit Award.