

2623 – Bad Ragaz Ring Method

Beginner / Pool Workshop

Sanibel, FL / Tuesday, June 23, 2020 – 12:45-4:00 pm – 3.0 credit hours

(Classroom: 12:45-2:15 pm / Pool: 2:30-4:00 pm)

Faculty: Cesar Petronio, PT

COURSE DESCRIPTION: Theory that supports the applied practice of the Bad Ragaz Ring Method as a traditional aquatic therapy intervention will be presented. In the pool, participants will be instructed on the application and practice of the patterns featured in the established structure, including categories and classifications. Indications, contraindications and clinical considerations for the application of the various patterns will be discussed along with the required equipment, precautions, and physiologic effects resulting from the application of the Bad Ragaz patterns.

COURSE OBJECTIVES:

- 1) Determine the structural design of the Bad Ragaz Ring Method and the classification of patterns in this aquatic therapy intervention.
- 2) Analyze each pattern by classification according to the musculoskeletal, neurological, pediatric and geriatric clinical problems for which are indicated and selected.
- 3) Modify the selected patterns according to the patient's condition, history, limitations and potential relative contraindications.
- 4) Examine of the clinical considerations, objectives, guidelines and standards to be observed when selecting and applying this aquatic therapy intervention.
- 5) Gain skill in the proper use of the equipment required in the application of the Bad Ragaz Ring Method and the purpose for equipment use.
- 6) Determine four key factors to consider when applying the various Bad Ragaz patterns.
- 7) Apply Bad Ragaz patterns contingent on the clinical problems and signs exhibited by patients with musculoskeletal, neurologic, cardiopulmonary, pediatric and geriatric conditions.
- 8) List the established indications and contraindications in the application of selected Bad Ragaz Ring Method patterns.

FACULTY: Cesar Petronio, PT, has worked in hydrotherapy for more than 20 years with different kinds of patients - neurological, cardiovascular, geriatrics and orthopedic. He has been a teacher of kinesiology, cardiovascular rehabilitation, and post-graduate courses for hydrotherapy specialists. He has also been an instructor of Ai Chi in Argentina.