International Aquatic Therapy Symposium
June 23-26, 2020
Celebrating 25 Years of ATRI!
Sanibel Harbour Marriott Resort & Spa • Sanibel, FL

Your Leading Source of Multidisciplinary Aquatic Therapy Education

Top Ten Reasons Why You Should Attend:
1) Hands-on Experience in the Pool
2) Connections that can Move you Forward to New Success
3) Network with Colleagues from All Over the World
4) Learn from the Foremost Authorities
5) Stay on Top of Industry Research, Trends and Techniques
6) Beginner to Advanced Level Courses
7) Ideas You Can Use on Monday Morning
8) Improve Your Outcomes
9) Gorgeous Resort near Sanibel Island
10) All Meals are Included

This Event Sells Out! Register Today!

World’s largest multidisciplinary aquatic therapy event!
Contact ATRI: atri@atri.org • 866-go2-ATRI (866-462-2874) • www.atri.org
“This was perfect for my needs as a PT brand new to aquatics wanting to get an overview and a sampling of different techniques and applications. I enjoyed the lab and lecture and know I can immediately use what I learned to benefit my patients.” – Heather Sarratt, PT

Symposium Keynote Speaker

Many of us feel that our stress levels are so high, they’re unhealthy. We’re living in stressful times with health issues, job problems, financial issues or relationship problems. We need a relaxation response so our body can move toward a state of physiological relaxation, where blood pressure, heart rate, digestive functioning, and hormonal levels return to normal levels. Maybe we can help... join us.

An internationally recognized leader in aquatic therapy, Ruth Sova, MS, ATRIC, is dedicated to the growth and betterment of the industry through her tireless research and development efforts. She has founded six successful businesses and holds numerous awards and honors in the industry. Ruth educates and energizes audiences with her presentations on personal growth, entrepreneurship, aquatic therapy and fitness, and managing a business.

Ruth founded the Aquatic Therapy and Rehab Institute, Inc. (ATRI) a non-profit educational organization dedicated to the professional development of healthcare professionals involved with aquatic therapy. She is founder and past president of the Aquatic Exercise Association (AEA).

Thank You to Our 2020 Sponsors:

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  indigoaquatics.com

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  www.sbrsportsinc.com

- Sprint Aquatics®
  www.sprintaquatics.com

- StrechCordz® of NZ Manufacturing®
  nzcordz.com
**Join us June 23-26 in Sanibel, Florida**

**Schedule at a Glance**

**Tuesday, June 23**
- 6:45 - 8:45 am Continental Breakfast
- 7:30 - 11:00 am Symposium Courses
- 11:00 am - 1:00 pm Lunch
- 12:45 - 5:30 pm Symposium Courses
- 5:30 - 7:00 pm Dinner
- 6:15 pm Welcome/Orientation (during dinner)

**Wednesday, June 24**
- 7:00 - 9:00 am Continental Breakfast
- 7:45 - 11:15 am Symposium Courses
- 11:00 am - 1:30 pm Lunch in Exhibit Hall/Gathering Place
- 1:30 - 5:00 pm Symposium Courses
- 6:00 pm Awards Celebration Dinner
- Keynote by: Ruth Sova, MS, ATRIC

**Thursday, June 25**
- 6:45 - 8:30 am Continental Breakfast
- 7:30 - 11:00 am Symposium Courses
- 11:00 am - 1:00 pm Lunch in Exhibit Hall/Gathering Place
- 1:00 - 5:30 pm Symposium Courses
- 5:30 - 7:00 pm Dinner in Exhibit Hall/Gathering Place

**Friday, June 26**
- 6:30 - 8:30 am Networking Continental Breakfast
- 7:00 - 8:00 am Symposium Courses
- 8:30 am - 12:00 pm Symposium Courses
- 11:30 am - 1:00 pm Lunch in Exhibit Hall/Gathering Place
- 1:15 pm ATRIC Exam (separate fee)

**ATRI Awards Celebration Dinner on Wednesday Evening**

The 2020 ATRI Aquatic Therapy Awards Celebration Dinner will take place on Wednesday evening. Please join us as we honor the winners of this year’s Aquatic Therapy Professional Award, Tsunami Spirit Award, and Dolphin Award!

**Award Descriptions and Nomination Forms are available at www.atri.org.**

**The Nomination Deadline for all Awards is April 1st.**

**Complete Conference Registrants:**
This is Your Chance to Win a FREE Registration for any 2020 or 2021 ATRI Conference! We’ll Draw the Winner at the Awards Celebration... You Must be Present to Win!

2018 Symposium Award Winners: *(Left to Right)*: Dolphin Award Winners: Maryanne Haggerty and Renee Budagher; Aquatic Therapy Professional Award Winner: David Berry; Tsunami Spirit Award Winners: Anne Pringle Burnell and Katrien Lemahieu.

**Register Now!**
- Register by **Mother’s Day, May 10th** to Receive Your Early Bird Discount.
- **Members:** Pay $50 Less When You Register by **Sunday, May 10th!**
- See Pricing on Page 11

**Join the ATRI elist!**
- Explore Topics
- Ask Questions
- Share Ideas
- Post Job Searches
- Connect with Others in Your Field

It’s Free! Check it out at atri.org
Symposium Course Schedule

Please Read Before Choosing Your Courses:

Your Complete Conference Registration includes your choice of Symposium courses.

All Courses combine Lecture and Pool Lab, except where noted as Lecture Only, Pool Only or Land Workshop.

You can choose whatever courses you want in each time block OR if you would like to follow a track, please see below.

Tracks - Choose the courses listed in each Track to follow that topic. There are some time blocks where you make your own course selection.

1) Neuro/Peds Track
Tuesday AM • Developmental, Brain, SCI Disorders
Tuesday PM • Brain Balance: Link to Function
Tuesday Late PM • Choose your own course

Wednesday AM • Skills for Cognitive Delays
Wednesday PM • Halliwick and Swimming for Moderately to Severely Challenged Children OR Autism Possibilities and Communication
Thursday AM • Breath for Function and Sensory Motor Amnesia OR Pediatric Handling
Thursday PM • Retraining Principles of Muscle Activation OR Progressions for Parkinson’s Disease/Neuro Strategies
Thursday Late PM • Choose your own course

Friday Early AM • Choose your own course
Friday AM • Cognitive Delays

2) Orthopedic Track
Tuesday AM • Resolving Tech Neck/Muscle Tension Release OR AquaStretch™ for Ortho
Tuesday PM • Asymmetrical Loading for Ortho Function OR Suspension Strategies for Core
Tuesday Late PM • Choose your own course

Wednesday AM • Low Back Pain Interventions OR ROM and Autogenic Stretch
Wednesday PM • Joint Hypermobility and Knee Orthopedic Rehab OR Movement Dysfunction
Thursday AM • BackHab OR Correcting Psoas and Gluteal Imbalance
Thursday PM • Bend, Lift and Twist for Spine OR Barre for Hips and Posterior Chain
Thursday Late PM • Choose your own course

Friday Early AM • Choose your own course
Friday AM • Strength and Stability: Six Hip Exercises OR Lower Extremity Release OR Solving Upper and Lower Cross Syndromes

3) Ai Chi Track
Tuesday AM • Ai Chi Unravel and Ai Chi in 3
Tuesday PM • Ai Chi Healing and Imagery
Tuesday Late PM • Choose your own course

Wednesday AM • Ai Chi for PTSD and Mobility
Wednesday PM • Ai Chi Meridians

Thursday AM • Breath for Function and Sensory Motor Amnesia
Thursday PM • Alternative Methods to Improve Clinical Outcomes OR Core for Spine and Pelvic Floor
Thursday Late PM • Choose your own course

Friday Early AM • Ai Chi
Friday AM • Ai Chi Diagonals and Cardio

4) Pain Track
Tuesday AM • Resolving Tech Neck/Muscle Tension Release
Tuesday PM • Bad Ragaz Ring Method OR Chronic Pain
Tuesday Late PM • Choose your own course

Wednesday AM • Pain, Fascial Trauma and Release OR Yoga for Arthritis and Low Back Pain
Wednesday PM • Movement Dysfunction

Thursday AM • AquaStretch™ Self-Release Techniques OR Retraining Principles of Muscle Activation OR Applying Pain Science to Aquatic Prog.
Thursday Late PM • Choose your own course

Friday Early AM • Choose your own course
Friday AM • Ai Chi Diagonals and Cardio OR Solving Upper and Lower Cross Syndromes

5) Aging Track
Tuesday AM • H2O Hypopressives
Tuesday PM • Healthier Alignment through Strengthen and Lengthen/Open Kinetic Chain
Tuesday Late PM • Choose your own course

Wednesday AM • Yoga for Arthritis and Low Back Pain OR ROM and Autogenic Stretch
Wednesday PM • Aging

Thursday AM • Better Balance with the Clockwork Approach/Unpredictable Command Technique
Thursday PM • Core for Spine and Pelvic Floor
Thursday Late PM • Choose your own course

Friday Early AM • Choose your own course
Friday AM • Solving Upper and Lower Cross Syndromes

For Detailed Course Descriptions, please go to www.atri.org

Course Numbers
1000 - Beginner
2000 - Intermediate
3000 - Advanced

ATRI • 6602 Chestnut Circle, Naples, FL 34109 • Phone: 866-462-2874 • Fax: 561-828-8150 • atri@atri.org • www.atri.org
## Tuesday, June 23 • Full-Day Course • 7:30 am-4:15 pm • 7.5 credit hours

1200 – Intro. to Aquatic Therapy and Rehab (Pool Workshop) – Ruth Sova, MS, ATRIC • This Course is Recommended for All Those New to Aquatic Therapy and Anyone Planning to take the ATRI Certification Exam (see page 7).

### Tuesday • Morning Courses • 7:45-11:15 am • 3 credit hours

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Course Title</th>
<th>Instructors</th>
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</thead>
<tbody>
<tr>
<td>1208</td>
<td>H2O Hypopressives (Pool Workshop)</td>
<td>Mimi Rodriguez Adami, BA, BS</td>
</tr>
<tr>
<td>1632</td>
<td>Resolving Tech Neck/Muscle Tension Release (Pool Workshop) – Donna Lewen, BA, ATRIC; Maria Pritz, EdD</td>
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<tr>
<td>2504</td>
<td>Developmental, Brain and SCI Disorders (Pool Workshop) – Lisa Warwick-Ardnt, PTA; Courtney Porter, PT, DPT</td>
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<tr>
<td>2515</td>
<td>Client Communication Skills (Lecture) – Greg Keyes, JP, PhD</td>
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<tr>
<td>2616</td>
<td>Ai Chi Unravel and Ai Chi in 3 (Pool Workshop) – Anne Pringle Burnell, ATRIC; Katrien Lemahieu, MSEN, ATRIC</td>
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<tr>
<td>3618</td>
<td>AquaStretch for Ortho (Pool Workshop) – Terri Mitchell, BA, PTA, ATRIC</td>
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</tbody>
</table>

### Tuesday • Afternoon Courses • 12:45-4:15 pm • 3 credit hours

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<tr>
<th>Course Code</th>
<th>Course Title</th>
<th>Instructors</th>
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<tbody>
<tr>
<td>2336</td>
<td>Asymmetrical Loading for Ortho Function (Pool Workshop) – Terri Mitchell, BA, PTA, ATRIC</td>
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<tr>
<td>2516</td>
<td>Brain Balance: Link to Function (Land Workshop) – Mary Wykle, PhD, ATRIC; Steph Toogood, AS</td>
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<tr>
<td>2612</td>
<td>Ai Chi Healing and Imagery (Pool Workshop) – Patty Henry-Schneider, MS, LPC; Anne Alper, MA</td>
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<tr>
<td>2623</td>
<td>Bad Ragaz Ring Method (Pool Workshop) – Cesar Petronio, PT</td>
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<tr>
<td>2624</td>
<td>Suspension Strategies for Core (Pool Workshop) – Anne Pringle Burnell, ATRIC</td>
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<tr>
<td>2636</td>
<td>Chronic Pain (Pool Workshop) – Julia Meno, CTRS, CMT, ATRIC; Maria Pritz, EdD</td>
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<tr>
<td>2641</td>
<td>Healthier Alignment Through Strengthen and Lengthen and Open Kinetic Chain (Pool Workshop) – Katrien Lemahieu, MSEN, ATRIC; Connie Jasinskas, MSc</td>
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### Tuesday • Later Afternoon Courses • 4:30-5:30 pm • 1 credit hour

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Course Title</th>
<th>Instructors</th>
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</thead>
<tbody>
<tr>
<td>1022</td>
<td>Research Forum (Lecture) – Ellen Broach, PhD, CTRS</td>
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<tr>
<td>1209</td>
<td>Assistive Devices for Functional Gains from Danmar (Pool Only) – Vicki Hames-Frazier, Adapted AS</td>
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<tr>
<td>1211</td>
<td>Healing Exercises with the Nekdoodle (Pool Only) – Donna Lewen, BA, ATRIC; Terri Mitchell, BA, PTA, ATRIC; Steph Toogood, AS</td>
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<tr>
<td>1618</td>
<td>Suspension Exercises with NZ Cordz (Pool Only) – Anne Pringle Burnell, ATRIC</td>
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<tr>
<td>1807</td>
<td>Using Community Pools (Lecture) – Mary LaBarre, PT, DPT, ATRIC</td>
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“Over the past 20 years I have had the privilege of attending scores of CEU programs, but ATRI provides a family of support that is legendary and very effective at maintaining many ideas that are always ready for processing on the following Monday morning.” – Bill Riley, PTA

## Wednesday, June 24 • Morning Courses • 7:45-11:15 am • 3 credit hours

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Course Title</th>
<th>Instructors</th>
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<tbody>
<tr>
<td>1020</td>
<td>Reframing Treatment Through a Functional Lens (Land Workshop) – Jeannmarie Scordino, MEd; Laurie Denomme, B.Kinesiology</td>
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<tr>
<td>1805</td>
<td>Clinical Work in Community Pools (Lecture) – Nicole Scherbarth, CTRS, ATRIC</td>
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<tr>
<td>2216</td>
<td>Low Back Pain Interventions (Pool Workshop) – Maryanne Haggerty, MS-ExPhys</td>
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<tr>
<td>2252</td>
<td>Skills for Cognitive Delays (Pool Workshop) – Greg Keyes, JP, PhD; Evelyn Keyes, BSc</td>
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<tr>
<td>2639</td>
<td>Pain, Fascial Trauma and Release (Pool Workshop) – Lynda Keane, MSc; Julia Meno, CTRS, CMT, ATRIC</td>
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<tr>
<td>2640</td>
<td>Ai Chi for PTSD and Mobility (Pool Workshop) – Mary Wykle, PhD, ATRIC; Ruth Sova, MS, ATRIC</td>
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<tr>
<td>2643</td>
<td>Yoga for Arthritis Pain and Low Back Pain (Pool Workshop) – Christa Fairbrother, MA, ATRIC; Camella Nair, Swami, C-IAYT</td>
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<tr>
<td>2645</td>
<td>ROM and Autogenic Stretch (Pool Workshop) – Connie Jasinskas, MSc; Terri Mitchell, BA, PTA, ATRIC</td>
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## Wednesday • Afternoon Courses • 1:30-5:00 pm • 3 credit hours

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<tr>
<th>Course Code</th>
<th>Course Title</th>
<th>Instructors</th>
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<tbody>
<tr>
<td>1207</td>
<td>Aging (Pool Workshop) – Maria Pritz, EdD; Steph Toogood, AS</td>
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<tr>
<td>1613</td>
<td>Halliwick / Swimming for Moderately to Severely Challenged Children (Pool Workshop) – Katrien Lemahieu, MSEN, ATRIC; Vicki Hames-Frazier, Adapted Aquatic Specialist</td>
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<tr>
<td>2218</td>
<td>Autism Possibilities and Communication (Pool Workshop) – Evelyn Keyes, BSc; Donna Mooneyham, MAEd, CTRS/LRT</td>
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<tr>
<td>2329</td>
<td>Joint Hypermobility/Knee Orthopedic Rehab (Pool Workshop) – Lynda Keane, MSc; Mary LaBarre, PT, DPT, ATRIC</td>
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<tr>
<td>2332</td>
<td>Movement Dysfunction (Pool Workshop) – Maryanne Haggerty, MS-ExPhys</td>
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<tr>
<td>2622</td>
<td>Pelvic Floor Health with Yoga (Pool Workshop) – Camella Nair, Swami, C-IAYT</td>
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<tr>
<td>2648</td>
<td>Ai Chi Meridians (Land Workshop) – Donna Lewen, BA, ATRIC; Jun Konno, ATRIC</td>
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<tr>
<td>2810</td>
<td>Marketing Aquatic Therapy (Lecture) – Beth Scalone, PT, DPT, OCS, ATRIC</td>
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</table>

See Thursday and Friday Course Schedules on next page...
### Thursday, June 25 • Morning Courses • 7:30-11:00 am • 3 credit hours
- 1610 – Breath for Function / Sensory Motor Amnesia (Land Workshop) – Camella Nair, Swami, C-IAYT; Maria Pritz, EdD
- 1617 – Better Balance with the Clockwork Approach / Unpredictable Command Technique (Pool Workshop) – Katrien Lemahieu, MSEN, ATRIC; Donna Lewen, BA, ATRIC
- 1624 – Positioning Techniques for ADLs and Sport (Pool Workshop) – Laurie Denomme, B.Kinesiology; Jeanmarie Scordino, MEd
- 2222 – Pediatric Handling (Pool Workshop) – Julia Meno, CTRS, CMT, ATRIC
- 2603 – BackHab (Pool Workshop) – Ruth Sova, MS, ATRIC
- 2637 – AquaStretch Self-Release Techniques (Pool Workshop) – Connie Jasinskas, MSc
- 3210 – Correcting Psoas and Gluteal Imbalance (Pool Workshop) – Beth Scalone, PT, DPT, OCS, ATRIC
- 3211 – Athletic Training and Strength/Conditioning (Land Workshop) – David Berry, PhD, AT, ATC, OCS, ATRIC

### Thursday, June 25 • Afternoon Courses • 1:00-4:00 pm • 2.5 credit hours
- 1310 – Shoulder and Hip Diagonals for Core and More (Pool Workshop) – Katrien Lemahieu, MSEN, ATRIC
- 2236 – Retraining Principles of Muscle Activation (Pool Workshop) – Lynda Keane, MSc
- 2333 – Bend, Lift and Twist for Spine (Pool Workshop) – Mary Wykle, PhD, ATRIC
- 2341 – Core for Spine / Pelvic Floor (Land Workshop) – Connie Jasinskas, MSc; Mimi Rodriguez Adami, BA, BS
- 2517 – Progressions for Parkinson’s Disease / Neuro Strategies (Pool Workshop) – Mary LaBarre, PT, DPT, ATRIC; Julia Meno, CTRS, CMT, ATRIC
- 2604 – Alternative Methods to Improve Clinical Outcomes (Land Workshop) – Donna Lewen, BA, ATRIC
- 2626 – Barre for Hips and Posterior Chain (Pool Workshop) – Anne Pringle Burnell, ATRIC
- 3302 – Applying Pain Science to Your Aquatic Programs (Pool Workshop) – Beth Scalone, PT, DPT, OCS, ATRIC

### Thursday, June 25 • Afternoon Courses • 4:30-5:30 pm • 1 credit hour
- 1005 – Peer-to-Peer Learning (Lecture) – David Berry, PhD, AT, ATC, OCS, ATRIC
- 1022 – Research Forum (Lecture) – Ellen Broach, PhD, CTRS
- 1216 – Therapeutic Fun with Indigo Equipment (Pool Only) – Paula Raphael, BA
- 2208 – Sensory Processing (Pool Only) – Meredith Morig, MOTR/L, ATRIC
- 2214 – Endurance Training on the HydroRider (Pool Only) – Katrien Lemahieu, MSEN, ATRIC

### Friday, June 26 • Networking Breakfast • 6:30-8:30 AM
ATRI will have Networking tables for those who want to ‘talk topics’. There won’t be a moderator – just each of you sharing ideas. Don’t see a topic? Make your own! This is all YOU!

### Friday, June 26 • Morning Courses • 7:00-8:00 am • 1 credit hour
- 1620 – Ai Chi (Pool Only) – Jun Konno, ATRIC
- 1636 – Morning Yoga (Pool Only) – Camella Nair, Swami, C-IAYT
- 1809 – ATRI Certification QuickPrep (Lecture) – Ruth Sova, MS, ATRIC
- 3311 – Ten Go-To Hip and Back Exercises (Pool Only) – Beth Scalone, PT, DPT, OCS, ATRIC

### Friday, June 26 • Morning Courses • 8:30 am-12:00 pm • 3 credit hours
- 1314 – Strength and Stability: Six Hip Exercises Every Client Needs (Pool Workshop) – Laurie Denomme, B.Kinesiology; Jeanmarie Scordino, Med
- 1315 – Move, Train, Play (Pool Workshop) – Steph Toogood, AS
- 2225 – Cognitive Delays (Pool Workshop) – Julia Meno, CTRS, CMT, ATRIC; Donna Mooneyham, MAEd, CTRS/LRT
- 2614 – Ai Chi Diagonals and Cardio (Pool Workshop) – Terri Mitchell, BA, PTA, ATRIC; Mimi Rodriguez Adami, BA, BS
- 3307 – Lower Extremity Release (Pool Workshop) – Beth Scalone, PT, DPT, OCS, ATRIC
- 3312 – Solving Upper and Lower Cross Syndromes (Pool Workshop) – Maryanne Haggerty, MS-ExPhys
- 3617 – Advanced Cardiaquatics Protocol (Lecture) – Cesar Petronio, PT

Register by Mother’s Day - May 10th and Save!
**ATRI Faculty**

Mimi Rodriguez Adami, BA, BS  
Anne Foley Alper, MA  
David Berry, PhD, AT, ATC, ATRIC  
Ellen Broach, PhD, CTRS  
Anne Pringle Burnell, ATRIC  
Laurie Denomme, B.Kinesiology  
Christa Fairbrother, MA, ATRIC  
Maryanne Haggerty, MS  
Vicki Hames-Frazier, Adapted Aquatic Specialist  
Patty Henry-Schneider, MS, LPC  
Connie Jasinskas, MSc  
Lynda Keane, MSc  
Evelyn Keyes, BSc  
Greg Keyes, JP, PhD  
Jun Konno, ATRIC  
Mary LaBarre, PT, DPT, ATRIC  
Katrien Lemahieu, MSEN, ATRIC  
Donna Lewen, BA, ATRIC  
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Donna Mooneyham, MAEd, CTRS/LRT  
Meredith Morig, MOTR/L, ATRIC  
Camella Nair, Swami, C-IAYT  
Cesar Petronio, PT  
Courtney Porter, PT, DPT  
Maria Pritz, EdD  
Paula Raphael, BA  
Beth Scalone, PT, DPT, OCS, ATRIC  
Nicole Scherbarth, CTRS, ATRIC  
Jeanmarie Scordino, MEd  
Ruth Sova, MS, ATRIC  
Steph Toogood, Aquatic Specialist  
Lisa Warwick-Arndt, BS, PTA  
Mary Wykle, PhD, ATRIC

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**ATRI Aquatic Therapeutic Exercise Certification Exam**

Friday, June 26 • 1:30 pm (Registration 1:15 pm)  
(You have three hours to complete the exam.)

The ATRI Aquatic Therapeutic Exercise Certification Exam is for competent, knowledgeable professionals in aquatic therapy, rehab and therapeutic exercise. The exam will test your ability to meet the Aquatic Therapy and Rehabilitation Industry Standards to practice. The Standards are available on the ATRI website and can be downloaded free of charge. The certification will allow you to use the term “ATRI Certified” or the initials “ATRIC” after your name. The certification will not make you a therapist if you aren’t already one. Please go to atri.org for more information, click on Certification Information.

You must fulfill the prerequisite of 15 hours of education in Aquatic Therapy and Rehab in order to take the exam (either in-person or online). The Intro. to Aquatic Therapy and Rehab course (#1200 offered on Tuesday from 7:30 am-4:15 pm) is an excellent preparatory course for the exam. The ATRI Certification QuickPrep course (#1809 offered on Friday from 7:00-8:00 am) is also very helpful.

**Position Yourself for the Future...**

**Learn New Techniques and Protocols for Success!**
Resort Headquarters • Sanibel Harbour Marriott Resort & Spa, Sanibel/Fort Myers, FL

The Sanibel Harbour Marriott Resort & Spa is a luxurious tropical escape where 85 acres of coastal scenery welcome you. Overlooking Sanibel and Captiva Islands on Florida's Southwest Gulf Coast, Sanibel Harbour Marriott Resort & Spa was named among the “Top 100 Spa Resorts in the US” by Conde Nast Traveler. Swimming, kayaking, tennis, and a world-class fitness center are all part of the resort experience. Explore acclaimed angling from the resort’s own fishing pier or catch a glimpse of dolphins from a memorable cruise with Holiday Adventure Tours & Boat Rental. Family programs include “Dive-In Movies”, Sun Sport Rentals, Catamaran & Yacht Tours, plus other special events.

Sanibel Harbour Marriott Resort & Spa Details

Guest rooms feature private balconies, signature robes, hair dryers, custom-blended bath amenities, iron/ironing boards, coffee makers, mini-bars or refrigerators, voicemail, data port, high-speed Internet access, in-room safe, non-smoking rooms, and handicapped accessible rooms.

Directions

If you are traveling by air, Southwest Florida International Airport (RSW) is conveniently located in Fort Myers, FL. The Resort is approximately 30 minutes from the airport. Driving directions to the Resort will be in your Confirmation Materials.

To Get From the Airport to the Hotel

Fares are generally around $45-50 for one to three people (all prices subject to change). MBA Taxi Service - located at airport, 239-482-2777. Shuttle Services: Apple: 800-852-7027 / www.appletransportation.com / Majestic: 800-833-4473 or 239-489-4473 / www.majesticairportservice.com

Parking

The hotel provides free self parking for all Symposium attendees and $10/night valet parking - this is a special rate for ATRI attendees.

Hotel Rates

• Special Symposium rate: $139 single/double (plus tax - subject to change) until June 5th. The rate includes a Daily Benefits Fee which provides the following special resort services:
  - Unlimited access to the world-class Spa facilities
  - Full use of the fitness center
  - Unlimited hours of clay tennis court time
  - Unlimited in-room access to high-speed wired or wireless Internet service
  - No additional fee for “800” numbers
  - Newspaper delivered to your guest room
  - Coffee in your guest room
  - Turndown service upon request
  - Shuttle transportation to selected Sanibel area attractions
  - Trolley transportation around the resort complex
  - Admittance to any of the more than 30 exercise classes offered weekly.

• Please note: When you make your reservation, you will receive an email confirmation from the hotel. This is auto-generated and will include the $25/day Resort Fee. This fee will be waived when you are charged for your stay if your room is in the ATRI room block.

• Reservations will be confirmed by credit card guarantee. All major credit cards will be accepted.

• When making your reservation, please identify yourself as an Aquatic Therapy & Rehab Institute attendee to receive the special discounted rates.

• Discounted room rates are good for three days before and after the Symposium, based on availability. These reservations MUST be made by telephone. The online reservation system will not recognize these dates.

• Reservation Deadline: Cut-off date for room reservations is June 5, 2020. After the cut-off date, and/or once the room block has been filled, reservations will be confirmed on a space and rate available basis.

• Check-in time is 4:00 pm. Guests arriving before 4:00 pm will be accommodated as rooms become available. Check-out time is 11:00 am.

• ATRI is not responsible for making or paying for your room reservations or overnight arrangements.

• Hotel Cancellation policy: Guaranteed rooms will be held for night of arrival only. For any guaranteed reservations that result in a “no show”, one night’s room and tax charge will be billed to the individual. Payments for cancelled reservations will be refunded if the Resort is notified at least seven (7) days prior to the guest’s scheduled arrival date.

Book Your Hotel Room by June 5th to Secure Your Room and $139 Rate!
Call 800-767-7777
Symposium 2020 Registration Details

Symposium Registration
Your Complete Conference Registration includes:
- Choice of ALL Symposium courses
- All Meals - Continental Breakfast, Lunch and Dinner from Tuesday through Thursday, and Breakfast and Lunch on Friday
- Access to All Symposium Course Handouts
- Nationally Recognized Continuing Education Hours
- Admission to Exhibit Hall/Gathering Place with Prizes given regularly
- Wednesday Awards Celebration Dinner
- Your Chance to Win a Free Registration to any ATRI Conference in 2020 or 2021
- Friday Networking Breakfast

A separate fee is required for:
- Aquatic Therapeutic Exercise Certification Exam

Continuing Education Hours
Numerous therapy and aquatics-related organizations accept ATRI courses and award credit as appropriate. Specific information will be available at the Symposium. All attendees will receive a Continuing Education Credit/Unit Record Sheet as proof of attendance. You may use the proof of attendance and the course descriptions and biographies from the ATRI website (atri.org) to obtain credit. ATRI always provides attendees with any additional information they need to obtain credit. The following organizations routinely approve the Symposium for continuing education hours:
- American Kinesiotherapy Association (AKTA)
- American Therapeutic Recreation Association (ATRA)
- Aquatic Exercise Association, Inc. (AEA)
- Florida Board of Massage Therapy
- Florida Board of Occupational Therapy
- Florida Physical Therapy Association
- Physical Therapy Board of California
- Illinois Department of Financial and Professional Regulation
- Texas Board of Physical Therapy Examiners

Many state Physical Therapy and Occupational Therapy organizations require pre-approval of conference courses. If you are in need of PT or OT CEU approval, please check with your state PT or OT organization to determine their requirements. Every state is different and ATRI does not automatically obtain PT or OT continuing education pre-approval for all states because the cost is prohibitive. Each therapist must follow the guidelines given by his/her state PT or OT organization for approval. Please email Angie Fischer with any questions – afischer@atri.org.

Unbeatable Exhibit Hall/Gathering Place
Our exhibitors are ready to show you the latest in useful, innovative products to increase your results and boost your profits. You’ll find health and medical products, books, CDs and DVDs, plus a spectacular assortment of the latest fitness apparel. Test new products. Take advantage of Symposium discounts! The ATRI Exhibit Hall is called “The Gathering Place” so everyone knows where to meet, visit and learn during exhibit times. There will be round tables to facilitate networking, enjoy meals, and we’ll also have educational and entertaining programs interspersed during the exhibit time.

Pool Equipment Sales - Tell Your Supervisor
The Symposium is your place to buy pool equipment! Demonstration equipment will be available to buy at discounted prices! Take advantage of these special bargains!

Choosing Your Symposium Courses
Choose your Symposium courses by completing the Course Selection Sheets on pages 12-15. Cross-reference the course descriptions online at atri.org as you make your choices. Begin by selecting all of your first choices, then make second choices in case courses fill. If it’s important that you get into a particular course, your first choice schedule might include pool participation for that course, while your second choice could be the same course, but observing and taking notes from the deck. Your days at the Symposium will be very full. Balance your schedule to allow time for meals, networking and rest.

Confirmation
You will receive your confirmation via e-mail (be sure atri.org is accepted by your server) once your registration and payment have been processed. Let us know if you don’t have your confirmation within one week after your registration. Please Note: Your Symposium Registration must be paid in full before your registration will be processed.

Make your Room Reservations Now!
Be sure to book your room at the Sanibel Harbour Marriott Resort & Spa IMMEDIATELY to secure ATRI room rates! The Resort provides you with a beautiful, relaxing location at the center of Symposium courses and activities. Book EARLY! Call 1-800-767-7777 by June 5th! Room rate is not guaranteed after that date and availability is not guaranteed after our block of rooms is filled!

Looking for a Roommate?
Would you like to share the cost of your overnight room with another attendee? We will provide a list of those who would like to share a room. If you would like to be on and receive this list, complete the roommate information on the registration form. Note that we are not responsible for finding you a roommate or for making your reservation. We supply the names, you make the choice. We encourage you to make hotel reservations even if you have requested a roommate. Until your plans are final, it is in your best interest to secure a room.

Volunteers Always Needed
ATRI is always looking for fired-up volunteers, ready to work with us on-site at the Symposium. You’ll receive a discounted registration fee as our thanks! If interested, please send an e-mail to mgunn@atri.org or call toll free, 866-go2-atri (866-462-2874).

What to Wear
Florida in June... it will be hot and quite humid. Average daily temperatures will be in the 80s with a nice ocean breeze, of course! Two of the three pools we will be using are outdoors. Be sure to bring sun block and appropriate hats, etc. Our Symposium is always casual. Dress in layers as meeting rooms are air conditioned and although we make every effort to offer rooms with comfortable temperatures, it’s wise to have a sweatshirt or jacket with you at all times, especially when coming from the pool. Please take a cover-up for over swimwear and plan to wear it or other appropriate attire over swimsuits in hotel lobby, meetings rooms and general public areas.

Your Tuition is Tax Deductible
All expenses of continuing education, including registration fees, travel and lodging, taken to maintain or improve professional skills are tax deductible for US residents, subject to the limitations set forth by the Internal Revenue Service.
Four Ways to Register!

ONLINE...Register online at www.atri.org • ATRI Members Receive Great Discounts!

FAX...Fax Registration Form, Course Selection Sheets and Credit Card Number to 561-828-8150.

MAIL...Mail Registration Form, Course Selection Sheets and Payment (payable to ATRI) to:
ATRI, 6602 Chestnut Circle, Naples, FL 34109. (If paying by check, checks must be mailed with Registration Form and Course Selection Sheets. Please do not mail checks separately.)

PHONE...Call toll free 866-462-2874 • Please complete your Course Selection Sheets first.

1) Registrant Information

Name ___________________________________________ Male/Female ___________________________________________ Discipline _____________

Name as you prefer on your name badge ___________________________________________

Workplace Name (needed only if we are mailing to your workplace address) ___________________________________________

Mailing Address ___________________________________________

City ___________________________ State _______ Zip ____________ Country ___________________________

Primary Phone (__________) Work Phone (__________) Fax (__________) 

Email Address ___________________________ Emergency Contact/Phone ___________________________ (__________) 

Do you require handicap assistance to participate in this event? Yes  No  Type of assistance: ___________________________

How did you hear about us? ATRI Website  ATRI Mailing  ATRI elist/Bulletin Board  Word-of-Mouth  Internet Search Engine: ___________________________ Advertisement - Publication Name: ___________________________

2) Roommate Listing

☐ Check the box at left to be added to the Roommate List.

We will email you a list of others who would like to share a room. We are not responsible for finding you a roommate or for making your hotel reservation. We supply the names, you make the choice. We encourage you to make reservations even if you have requested a roommate.

Circle: Male  OR  Female 

3) Conference Registration

Complete Conference Registration Includes:

a) Choice of ALL Symposium courses
b) All Meals - Continental Breakfast, Lunch and Dinner from Tuesday through Thursday, Breakfast and Lunch on Friday
   (Please see Meal Information below)
c) Your Chance to Win a Free Registration to any ATRI Conference in 2020 or 2021
d) Access to all Symposium Course Handouts
e) Nationally Recognized Continuing Education Hours
f) Admission to Exhibit Hall/Gathering Place with Prizes given regularly
g) Wednesday Awards Celebration Dinner
h) Friday Networking Breakfast

Become a Member of ATRI for just $45 and Save!

Covers Membership from January 1 - December 31, 2020 (Dues are $45 whenever you join)

“Members Rule!” Benefits:

Conference Discounts  Research Updates
Aqua MarketPlace Discounts  Exclusive Aquatic Therapy Articles
ATRI Member News  Specials on Products Throughout the Year

Group Discounts Available for Complete Conference Registrants!
Groups of 3 or more can call ATRI at 866-462-2874 for possible Group Discounts.

Meal Information: Meals are basic – nothing fancy and no special requests – but they’ll be quick and free. There is no discount for not eating them. Please notify us of food allergies. It helps the hotel to know ahead of time. Please do NOT contact the hotel directly about meals. Thank you.

ATRI • 6602 Chestnut Circle, Naples, FL 34109 • Phone: 866-462-2874 • Fax: 561-828-8150 • atri@atri.org • www.atri.org
Your Name

4) **Complete Course Selection Sheet**
(Pages 12-15) Registrations can not be Processed without completed Course Selection Sheets.

5) **Membership - $45** (Optional)
See Benefits List at left.

6) **ATRI Certification Exam** (Separate Fee)
The ATRI Certification Exam is optional.

   ___ $255 - Friday, June 26 - 1:15 pm
   (You have 3 hours to complete the exam.)

7) **Registration Fees**

   **Complete Conference Registration** (Includes All Symposium Courses Tuesday through Friday, All Meals Tuesday through Thursday, Breakfast and Lunch on Friday)

<table>
<thead>
<tr>
<th>ATRI Member</th>
<th>Non-Member</th>
</tr>
</thead>
<tbody>
<tr>
<td>Paid BY Early Bird Discount Deadline of <strong>Mother’s Day (May 10)</strong></td>
<td>$925</td>
</tr>
<tr>
<td>Paid AFTER Early Bird Discount Deadline</td>
<td>$975</td>
</tr>
<tr>
<td>Reduced From</td>
<td>$1225</td>
</tr>
</tbody>
</table>

   OR

   **Pay-By-Day Registration** (includes three meals) .......................................................... $395/day ........................ $395/day

**Register by Mother’s Day - May 10th and Save!**

8) **Payment** (Payable to ATRI) - Your Registration must be paid in full in order to process your Course Selection. You will not receive any Confirmation Materials until your Registration is paid in full. Thank you.

   We do not accept Purchase Orders.

   Check or Money Order #______________________________

   Credit Card (circle one): MasterCard     VISA     Discover     American Express

   Credit Card Number:______________________________

   Expiration Date: ____________ 3 or 4-Digit Code on Card: ____________

   Name as it appears on Card (Print): ________________________________

   Billing Address of Cardholder:

   Street Address
   City, State, Zip, Country

   Cardholder’s Signature:______________________________

**Cancellation Policy:**
Cancellations must be sent in writing. Your registration fee may be transferred to another ATRI conference or you may transfer your registration to another person. A $50 fee paid by check or credit card is required for all transfers. Transfers are one-time only and must be used within one year of the date of the conference you are transferring from. If you are cancelling completely, you must cancel 30 days prior to the conference. Your registration fee, minus a $75 processing fee, will be refunded after the conference. There are no refunds for no-shows or for those not meeting the 30-day deadline.
**Sample Course Selection Sheet**

**Course Title** | **Time** | **Course #** | **1st Choice** | **2nd Choice**
---|---|---|---|---
Sample Workshop | 8:00 am -- 12:00 pm | SAMPLE | P or D | P or D
Sample Workshop | 8:00 am -- 12:00 pm | SAMPLE | P or D | P or D
Sample Workshop | 8:00 am -- 12:00 pm | SAMPLE | P or D | P or D
Sample Workshop | 8:00 am -- 9:30 am | SAMPLE | P or D | P or D
Sample Workshop | 8:00 am -- 9:30 am | SAMPLE | P or D | P or D
Sample Workshop | 10:00 am -- 12:00 pm | SAMPLE | P or D | P or D
Sample Workshop | 10:00 am -- 12:00 pm | SAMPLE | P or D | P or D
Sample Workshop | 10:00 am -- 12:00 pm | SAMPLE | P or D | P or D
Sample Workshop | 1:30 pm -- 5:30 pm | SAMPLE | P or D | P or D
Sample Workshop | 1:30 pm -- 5:30 pm | SAMPLE | P or D | P or D
Sample Workshop | 1:30 pm -- 5:30 pm | SAMPLE | P or D | P or D

**Discounted Pool Equipment!!!**

Pool Equipment Used at this Event will be Sold at a Discount!
Reserve Yours Early and Pick It Up in the Exhibit Hall on Friday from 11:30 am-1:00 pm!

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<table>
<thead>
<tr>
<th>Course Title</th>
<th>Time</th>
<th>Course#</th>
<th>1st Choice</th>
<th>2nd Choice</th>
</tr>
</thead>
<tbody>
<tr>
<td>Intro. to Aquatic Therapy and Rehab (Sova)</td>
<td>7:30 am -- 4:15 pm</td>
<td>1200</td>
<td>P or D</td>
<td>P or D</td>
</tr>
<tr>
<td>H2O Hypopressives (Adami)</td>
<td>7:45 am -- 11:15 am</td>
<td>1208</td>
<td>P or D</td>
<td>P or D</td>
</tr>
<tr>
<td>Resolving Tech Neck/Muscle Tension Release</td>
<td>7:45 am -- 11:15 am</td>
<td>1632</td>
<td>P or D</td>
<td>P or D</td>
</tr>
<tr>
<td>Developmental, Brain and SCI Disorders</td>
<td>7:45 am -- 11:00 am</td>
<td>2503</td>
<td>P or D</td>
<td>P or D</td>
</tr>
<tr>
<td>Client Communication Skills (G.Keyes)</td>
<td>7:45 am -- 11:00 am</td>
<td>2515</td>
<td>L</td>
<td>L</td>
</tr>
<tr>
<td>Ai Chi Unravel/Ai Chi in 3 (Burnell/Lemahieu)</td>
<td>7:45 am -- 11:00 am</td>
<td>2616</td>
<td>P or D</td>
<td>P or D</td>
</tr>
<tr>
<td>AquaStretch™ for Ortho (Mitchell)</td>
<td>7:45 am -- 11:15 am</td>
<td>3618</td>
<td>P or D</td>
<td>P or D</td>
</tr>
<tr>
<td>Asymmetrical Loading for Ortho Function</td>
<td>12:45 pm -- 4:00 pm</td>
<td>2337</td>
<td>P or D</td>
<td>P or D</td>
</tr>
<tr>
<td>Brain Balance: Link to Function</td>
<td>12:45 pm -- 4:00 pm</td>
<td>2517</td>
<td>LW</td>
<td>LW</td>
</tr>
<tr>
<td>Ai Chi Healing and Imagery</td>
<td>12:45 pm -- 4:00 pm</td>
<td>2613</td>
<td>P or D</td>
<td>P or D</td>
</tr>
<tr>
<td>Bad Ragaz Ring Method</td>
<td>12:45 pm -- 4:00 pm</td>
<td>2623</td>
<td>P or D</td>
<td>P or D</td>
</tr>
<tr>
<td>Suspension Strategies for Core</td>
<td>12:45 pm -- 4:15 pm</td>
<td>2624</td>
<td>P or D</td>
<td>P or D</td>
</tr>
<tr>
<td>Chronic Pain (Meno/Pritz)</td>
<td>12:45 pm -- 4:15 pm</td>
<td>2636</td>
<td>P or D</td>
<td>P or D</td>
</tr>
<tr>
<td>Healthier Alignment through Strengthen and Lengthen/Open Kinetic Chain</td>
<td>12:45 pm -- 4:15 pm</td>
<td>2641</td>
<td>P or D</td>
<td>P or D</td>
</tr>
<tr>
<td>Research Forum</td>
<td>4:30 pm -- 5:30 pm</td>
<td>1024</td>
<td>L</td>
<td>L</td>
</tr>
<tr>
<td>Assistive Devices</td>
<td>4:30 pm -- 5:30 pm</td>
<td>1209</td>
<td>P or D</td>
<td>P or D</td>
</tr>
<tr>
<td>Healing Exercises with the Nekdoodle</td>
<td>4:30 pm -- 5:30 pm</td>
<td>1211</td>
<td>P or D</td>
<td>P or D</td>
</tr>
<tr>
<td>Suspension Exercises with NZ Cordz</td>
<td>4:30 pm -- 5:30 pm</td>
<td>1618</td>
<td>P or D</td>
<td>P or D</td>
</tr>
<tr>
<td>Using Community Pools</td>
<td>4:30 pm -- 5:30 pm</td>
<td>1807</td>
<td>L</td>
<td>L</td>
</tr>
</tbody>
</table>
### Course Selection Sheet 2020...continued

#### Registrant's Name

<table>
<thead>
<tr>
<th>Course Title</th>
<th>Time</th>
<th>Course#</th>
<th>1st Choice</th>
<th>2nd Choice</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Wednesday Morning Courses • June 24 • 3-Hour Courses</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Reframing Treatment (Scordino/Denomme)</td>
<td>7:45 am -- 11:00 am</td>
<td>1020</td>
<td>LW</td>
<td>LW</td>
</tr>
<tr>
<td>Clinical Work in Community Pools (Scherbarth)</td>
<td>7:45 am -- 11:00 am</td>
<td>1805</td>
<td>L</td>
<td>L</td>
</tr>
<tr>
<td>Low Back Pain Interventions (Haggerty)</td>
<td>7:45 am -- 11:00 am</td>
<td>2216</td>
<td>P or D</td>
<td>P or D</td>
</tr>
<tr>
<td>Skills for Cognitive Delays (G.Keyes/E.Keyes)</td>
<td>7:45 am -- 11:00 am</td>
<td>2252</td>
<td>P or D</td>
<td>P or D</td>
</tr>
<tr>
<td>Pain, Fascial Trauma and Release (Keane/Meno)</td>
<td>7:45 am -- 11:00 am</td>
<td>2639</td>
<td>P or D</td>
<td>P or D</td>
</tr>
<tr>
<td>Ai Chi for PTSD and Mobility (Wykle/Sova)</td>
<td>7:45 am -- 11:15 am</td>
<td>2640</td>
<td>P or D</td>
<td>P or D</td>
</tr>
<tr>
<td>Yoga for Arthritis Pain/Low Back Pain (Fairbrother/Nair)</td>
<td>7:45 am -- 11:15 am</td>
<td>2643</td>
<td>P or D</td>
<td>P or D</td>
</tr>
<tr>
<td>ROM and Autogenic Stretch (Jasinskas/Mitchell)</td>
<td>7:45 am -- 11:15 am</td>
<td>2645</td>
<td>P or D</td>
<td>P or D</td>
</tr>
<tr>
<td><strong>Wednesday Afternoon Courses • June 24 • 3-Hour Courses</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Aging (Pritz/Toogood)</td>
<td>1:30 pm -- 5:00 pm</td>
<td>1207</td>
<td>P or D</td>
<td>P or D</td>
</tr>
<tr>
<td>Halliwick/Swimming for Challenged Children (Lemahieu/Hames-Frazier)</td>
<td>1:30 pm -- 4:45 pm</td>
<td>1613</td>
<td>P or D</td>
<td>P or D</td>
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<tr>
<td>Autism Possibilities and Communication (E.Keyes/Mooneyham)</td>
<td>1:30 pm -- 4:45 pm</td>
<td>2218</td>
<td>P or D</td>
<td>P or D</td>
</tr>
<tr>
<td>Joint Hypermobility/Knee Orthopedic Rehab (Keane/LaBarre)</td>
<td>1:30 pm -- 4:45 pm</td>
<td>2329</td>
<td>P or D</td>
<td>P or D</td>
</tr>
<tr>
<td>Movement Dysfunction (Haggerty)</td>
<td>1:30 pm -- 5:00 pm</td>
<td>2332</td>
<td>P or D</td>
<td>P or D</td>
</tr>
<tr>
<td>Pelvic Floor Health with Yoga (Nair)</td>
<td>1:30 pm -- 5:00 pm</td>
<td>2622</td>
<td>P or D</td>
<td>P or D</td>
</tr>
<tr>
<td>Ai Chi Meridians (Konno/Lewen)</td>
<td>1:30 pm -- 4:45 pm</td>
<td>2648</td>
<td>LW</td>
<td>LW</td>
</tr>
<tr>
<td>Marketing Aquatic Therapy (Scalone)</td>
<td>1:30 pm -- 4:45 pm</td>
<td>2810</td>
<td>L</td>
<td>L</td>
</tr>
<tr>
<td>Awards Celebration Dinner - 6:00 pm - Please circle “Yes” if you plan to attend...</td>
<td></td>
<td></td>
<td>Yes</td>
<td></td>
</tr>
<tr>
<td><strong>Thursday Morning Courses • June 25 • 3-Hour Courses</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Breath for Function/Sensory Motor Amnesia (Nair/Pritz)</td>
<td>7:45 am -- 10:45 am</td>
<td>1610</td>
<td>LW</td>
<td>LW</td>
</tr>
<tr>
<td>Better Balance with the Clockwork Approach/Unpredictable Command Technique (Lemahieu/Lewen)</td>
<td>7:30 am -- 11:00 am</td>
<td>1617</td>
<td>P or D</td>
<td>P or D</td>
</tr>
<tr>
<td>Positioning Techniques for ADLS and Sport (Denomme/Scordino)</td>
<td>7:30 am -- 11:00 am</td>
<td>1624</td>
<td>P or D</td>
<td>P or D</td>
</tr>
<tr>
<td>Pediatric Handling (Meno)</td>
<td>7:30 am -- 10:45 am</td>
<td>2222</td>
<td>P or D</td>
<td>P or D</td>
</tr>
<tr>
<td>BackHab (Sova)</td>
<td>7:30 am -- 11:00 am</td>
<td>2603</td>
<td>P or D</td>
<td>P or D</td>
</tr>
<tr>
<td>AquaStretch™ Self-Release Techniques (Jasinskas)</td>
<td>7:30 am -- 10:45 am</td>
<td>2637</td>
<td>P or D</td>
<td>P or D</td>
</tr>
<tr>
<td>Correcting Psoas and Gluteal Imbalance (Scalone)</td>
<td>7:30 am -- 10:45 am</td>
<td>3210</td>
<td>P or D</td>
<td>P or D</td>
</tr>
<tr>
<td>Athletic Training and Strength/Conditioning (Berry)</td>
<td>7:45 am -- 10:45 am</td>
<td>3211</td>
<td>LW</td>
<td>LW</td>
</tr>
</tbody>
</table>

*Hours listed are the number of CEUs you will earn for the course. In some cases, the actual course times listed are longer because they include time to change from classroom to pool.*

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<table>
<thead>
<tr>
<th>Course Title</th>
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<th>Course#</th>
<th>1st Choice</th>
<th>2nd Choice</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Thursday Afternoon Courses • June 25 • 2.5-Hour Courses</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Shoulder/Hip Diagonals for Core and More (Lemahieu)</td>
<td>1:00 pm -- 3:45 pm</td>
<td>1310</td>
<td>P or D</td>
<td>P or D</td>
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<tr>
<td>Retraining Principles of Muscle Activation (Keane)</td>
<td>1:00 pm -- 3:45 pm</td>
<td>2236</td>
<td>P or D</td>
<td>P or D</td>
</tr>
<tr>
<td>Bend, Lift and Twist for Spine (Wykle)</td>
<td>1:00 pm -- 4:00 pm</td>
<td>2333</td>
<td>P or D</td>
<td>P or D</td>
</tr>
<tr>
<td>Core for Spine/Pelvic Floor (Jasinskas/Adami)</td>
<td>1:00 pm -- 4:00 pm</td>
<td>2341</td>
<td>LW</td>
<td>LW</td>
</tr>
<tr>
<td>Parkinson’s Disease/Neuro Strategies (LaBarre/Meno)</td>
<td>1:00 pm -- 4:00 pm</td>
<td>2517</td>
<td>P or D</td>
<td>P or D</td>
</tr>
<tr>
<td>Alternative Methods to Improve Clinical Outcomes (Lewen)</td>
<td>1:00 pm -- 4:00 pm</td>
<td>2604</td>
<td>LW</td>
<td>LW</td>
</tr>
<tr>
<td>Barre for Hips and Posterior Chain (Burnell)</td>
<td>1:00 pm -- 3:45 pm</td>
<td>2626</td>
<td>P or D</td>
<td>P or D</td>
</tr>
<tr>
<td>Applying Pain Science-Aquatic Programs (Scalone)</td>
<td>1:00 pm -- 4:00 pm</td>
<td>3302</td>
<td>P or D</td>
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<tr>
<td><strong>Thursday Later Afternoon Courses • June 25 • 1-Hour Courses</strong></td>
<td></td>
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<tr>
<td>Peer-to-Peer Learning (Berry)</td>
<td>4:30 pm -- 5:30 pm</td>
<td>1005</td>
<td>L</td>
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<tr>
<td>Research Forum (Broach)</td>
<td>4:30 pm -- 5:30 pm</td>
<td>1022</td>
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<tr>
<td>Therapeutic Fun with Indigo Equipment (Raphael)</td>
<td>4:30 pm -- 5:30 pm</td>
<td>1216</td>
<td>P or D</td>
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<tr>
<td>Sensory Processing (Morig)</td>
<td>4:30 pm -- 5:30 pm</td>
<td>2208</td>
<td>P or D</td>
<td>P or D</td>
</tr>
<tr>
<td>Endurance Training on the Hydrorider (Lemahieu)</td>
<td>4:30 pm -- 5:30 pm</td>
<td>2214</td>
<td>P or D</td>
<td>P or D</td>
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<tr>
<td><strong>Friday Early Morning Courses • June 26 • 1-Hour Courses</strong></td>
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<tr>
<td>Ai Chi (Konno)</td>
<td>7:00 am -- 8:00 am</td>
<td>1620</td>
<td>P or D</td>
<td>P or D</td>
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<tr>
<td>Morning Yoga (Nair)</td>
<td>7:00 am -- 8:00 am</td>
<td>1636</td>
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<tr>
<td>ATRI Certification QuickPrep (Sova)</td>
<td>7:00 am -- 8:00 am</td>
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<tr>
<td>Ten Go-To Hip and Back Exercises (Scalone)</td>
<td>7:00 am -- 8:00 am</td>
<td>3311</td>
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<td>P or D</td>
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<tr>
<td><strong>Friday Morning Courses • June 26 • 3-Hour Courses</strong></td>
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<tr>
<td>Six Hip Exercises Every Client Needs (Denomme/Scordino)</td>
<td>8:30 am -- 12:00 pm</td>
<td>1314</td>
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<td>P or D</td>
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<tr>
<td>Move, Train, Play (Toogood)</td>
<td>8:30 am -- 11:45 am</td>
<td>1315</td>
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<tr>
<td>Cognitive Delays (Meno/Mooneyham)</td>
<td>8:30 am -- 11:45 am</td>
<td>2225</td>
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<tr>
<td>Ai Chi Diagonals and Cardio (Mitchell/Adami)</td>
<td>8:30 am -- 12:00 pm</td>
<td>2614</td>
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<tr>
<td>Lower Extremity Release (Scalone)</td>
<td>8:30 am -- 12:00 pm</td>
<td>3307</td>
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<td>Solving Upper/Lower Cross Syndromes (Haggerty)</td>
<td>8:30 am -- 11:45 am</td>
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<tr>
<td>Advanced Cardiaquatics Protocol (Petronio)</td>
<td>8:30 am -- 11:30 am</td>
<td>3617</td>
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</tr>
</tbody>
</table>

*Hours listed are the number of CEUs you will earn for the course. In some cases, the actual course times listed are longer because they include time to change from classroom to pool.*
Register by Mother’s Day and Save!
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Sanibel, Florida, USA

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