

Elist Discussion on Scapular Fractures

10-17-12 From Chantal:

I have a patient referred to aquatics with a scapular fracture. I would love any input and suggestions for her PT rehab. She is nearly 2 months post fracture.

From Fernando:

I need to know more: is there displacement, extra-articular involvement and associated fractures and/or dislocation? For instance, an isolated type 1 scapular neck fracture will heal well by six weeks and I would be aggressive.

From Corrine:

Are you a physical therapist? This patient should have orders or be cleared by a doctor first [before Physical Therapy].

10-18 from Chantal:

Yes I am a Physical Therapist. I do not have those details on our order to begin therapy. I will have to check the X-ray report or medical records. The evaluating Physical Therapist did not indicate a type of fracture.