

## ***Views From the E-List\* – Waterproof Cast Covers***

### **Queries:**

Has anyone used the Xerosox or Drypro cast covers? I will be having a cast put on my leg next week and while I will be unable to treat patients, I really want to be able to get into my pool at home to cool off. They look very similar online and in theory sound like they would work. Any info would be appreciated.

I would appreciate hearing about the pros and cons of the Xerosox and Drypro casts. Any preferences? What are the experiences using them?

### **Responses:**

If this is the cover that ends up airtight by sucking all the air out? It works great! I used to use one over my ankle cast and swim with it - did not know the brand name...just that it worked.

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I have also used them and they are great. Don't keep it on too long, it can slow down your circulation.

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I have used the Drypro. They need to have good skin contact to hold the seal. I also believe nursing used them to keep dressings dry on the same person.

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*\*Opinions and suggestions expressed in this column represent e-list member responses to the query posted. They are not represented by the Aquatic Therapy and Rehab Institute and/or the author(s) of this column as recommendations regarding appropriate practice.*